

Advances in Antimicrobial Applications of Ag, Cu and AgCu Nanoparticle-Doped Polymeric Composite Materials: A Comprehensive Review

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ABSTRACT. The growing challenge of antimicrobial resistance (AMR) has driven the search for alternative strategies to conventional antibiotics, with metallic nanoparticles (NPs), particularly silver (Ag), copper (Cu), and their bimetallic hybrids (AgCu), emerging as promising candidates. These nanoparticles exhibit strong, multifaceted antimicrobial activity and, when integrated into polymeric matrices, form composite materials that offer enhanced stability, controlled release, and broad applicability across healthcare, food safety, and industrial sectors. This review highlights the major synthetic routes for the production of Ag, Cu, and AgCu nanoparticles, and discusses their

integration into polymeric systems. Furthermore, the antimicrobial mechanisms of these nanomaterials are explored. Finally, the review emphasizes the potential of these nanocomposites to serve as next-generation antimicrobial surfaces, wound dressings, and functional materials while addressing key synthesis challenges and proposing future research directions to optimize their performance and expand their applications.

1. Introduction

With the increasing rates of antimicrobial resistance (AMR) in both nosocomial and domestic settings, developing materials that could hinder this progress is of utmost importance. AMR is widely recognized as a leading global public health and development issue. Bacterial-related AMR has resulted in an estimated 1.27 million deaths in 2019 alone¹. The production and development of new antimicrobial drugs, such as new antibiotics, is not a workable alternative nowadays due to the lengthy research and trial processes, and excessive costs associated with these processes. On average, a new antimicrobial drug takes roughly 10 years from the research stage to being marketed, with only 12.5% of the submitted drugs moving successfully from the registration phase². This period is not workable to successfully hinder AMR progression as resistance mechanisms spread at a much faster rate. Instead, more practical approaches, based on prevention instead of treatment have been developed in the last years, aiming to develop products that can be integrated in a simpler way in society, with the aim to prevent the occurrence of infections in the first place^{3,4}.

In this context, nanomaterials have risen as a strong alternative material⁵. Metallic nanoparticles, particularly silver nanoparticles (AgNPs) have gained significant attention due to their bioactive characteristics. AgNPs have already found applications in direct consumer products as cosmetics, deodorants, and anti-ageing creams⁶, due to their broad-spectrum antimicrobial activity⁷. Copper nanoparticles (CuNPs) have also been extensively studied, with their bioactive properties receiving significant attention, although with less representativity in a commercial setting⁸. Additionally, the combination of these two types of metals, yielding bimetallic nanoparticles (AgCu NPs) is also an explored strategy, although not as much as their monometallic counterparts. Regardless, bimetallic silver-copper nanoparticles (AgCu NPs) have already demonstrated significant promise due to the synergistic interactions between the two metals, enhancing the effects of their monometallic components⁹.

Nanomaterials benefit further from their incorporation onto solid supported matrixes, such as polymeric ones, allowing for their usage as high-risk surfaces, coatings or membranes. Through the production of nanoparticle-doped polymers, applications as diverse as clinical or food-related become available, at a much faster time rate than if applied directly as medications or for human consumption. This is yet another strategy to prevent the spread of resistance mechanisms onto microorganism communities, through a preventative mechanism, instead of the typically employed theragnostic perspective.

Considering these points, this review aims to provide a comprehensive analysis of the various research stages from nanoparticle synthesis and introduction in polymeric matrixes to their specific applications and bioactive mechanisms. Figure 1 summarizes the major points discussed on this review.

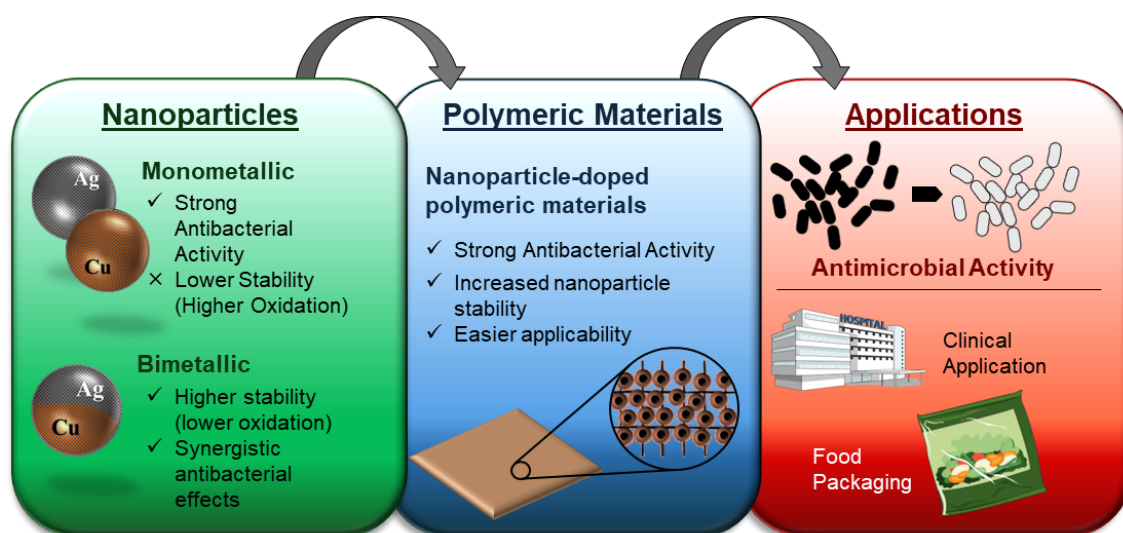


Figure 1 – General description of the topics detailed in this review.

2. Selection Criteria

A systematic literature review was conducted in Pubmed, Web of Science and Scopus databases with a time frame displaying relevant articles from 1 January 2015 onwards. The major keywords used for the advanced search options to compile relevant articles to present in Tables 1, 2, and 3 of this review were “nanoparticles”, “silver nanoparticles”, “silver nanoparticles AND polymers”, “copper nanoparticles”, “copper nanoparticles AND polymers”, “antimicrobial AND silver nanoparticles”, “antimicrobial AND copper nanoparticles”, “antimicrobial AND silver-copper nanoparticles”. Additional keywords were applied when necessary for a more detailed subject. The obtained articles were sorted by relevance in the respective databases, and a first analysis was conducted through

assessment of title and abstract, followed by an in-depth complete analysis of the full manuscripts presented.

3. Design and Application of Antimicrobial Nanomaterials

Silver- and copper-containing nanomaterials (NMs) have advantages over the more commonly used gold and bismuth-based materials. Bismuth-based nanomaterials (Bi-NMs) have recently emerged as effective alternatives for combating bacterial infections, owing to their abundant reserves, low cost, unique semi-metallic properties, and high stability. Unlike noble metal nanomaterials such as gold (Au), Bi-NMs exhibit considerable antibacterial activity through mechanisms such as photothermal conversion and photocatalysis, particularly when stimulated by light irradiation¹⁰. These processes generate reactive oxygen species (ROS) that damage bacterial cell membranes, biofilms, and disrupt DNA synthesis. However, despite these promising features, Bi-NMs face limitations in their antibacterial efficiency due to low photothermal conversion and photocatalytic abilities when used as single-material nanostructures.

In contrast, silver (Ag) and copper (Cu) nanomaterials present distinct advantages in antimicrobial applications. Silver ions are highly effective against a broad range of bacteria and fungi, working through membrane disruption and DNA interference. Copper, known for its redox activity, contributes to the generation of ROS, significantly enhancing antibacterial efficiency. Unlike Bi-NMs, which rely heavily on light activation for full antibacterial activity, Ag and Cu nanomaterials offer intrinsic antibacterial properties that are effective even without external stimuli. This makes them more versatile and easier to apply across various settings, including biomedical, environmental, and agricultural applications. While Bi-NMs continue to show promise, the development of silver- and copper-based nanomaterials advances further, offering more reliable and cost-effective solutions to combat bacterial resistance and infection. The combination of their cost-effectiveness, broad-spectrum activity, and ease of functionalization makes Ag and Cu nanomaterials a preferred choice over Bi-NMs in many antibacterial strategies.

The promising role of nanoparticles as antimicrobial agents is clear, however it does not come without associated hinderances. One of the most crucial points to consider in the application of nanomaterials as antimicrobial agents, is the development of a well-defined synthetic protocol that yields uniform, monodisperse nanoparticles consistently. Particularly if these are to be administered in a clinical setting, with potential for human

application, it is of utmost importance that the nanoparticles present a series of pre-requisites that ensure their safety¹¹. As these particles and their effects are tightly correlated to the shape, size and possible functionalization systems, a synthetic route that does yields non-homogeneous particles might cause unknown negative responses, that decrease the efficacy of the material itself and introduce additional risks to its use. To reduce such risks, production protocols must be evaluated through Good Manufacturing Practice (GMP) guidelines¹² and a detailed workflow that focuses on not only the conscientious design of the nanoparticles, but on a thorough characterization and prediction of bioactive profiles, whether though *in silico* or *in vivo* models¹³. These guidelines should be implemented from the early stages of research and development, to ensure that all results obtained from experimental settings are translatable into potential commercialized materials, with a possible direct application in society.

A specific requirement for this passage is the scalability of the production processes, which should be considered through a multidisciplinary viewpoint to ensure that the properties and overall quality of the materials produced at a bench-level are the same as those produced by large scale industrial processes, ensuring similar bioactive responses and mechanisms. Additionally, sustainability and practicability for both scale-up and bench-level research and development of the synthetic processes should also be considered when developing or applying already existent protocols. However, a significant gap still exists between bench-level studies and their scaled-up industrial counterparts, despite the growing demand for such advancements due to the enhanced bioactive properties of nanomaterials in applications ranging from drug-delivery to imaging^{14,15}.

It is also important to notice that regardless of the following of all of these guidelines and points to produce a well-designed nanomaterial, with a relevant bioactive profile, these materials must still undergo approval processes that take as much time to be conducted as those for new medication, with a time frame of roughly 10 years. In regard to the direct impact on the reduction of bacterial resistance mechanisms, this time frame is once again not sustainable, however, the major advantage of nanomaterials is that they might also be applied, not directly for human application, but as a preventative tool, for example, by their introduction onto high-risk surfaces, such as doorknobs, surgical tables and instruments, food packaging, among others. This is readily achievable by incorporating the nanomaterials into polymeric matrixes, bypassing the extensive time frame for

medication approval, lack of specific regulation and regulatory entities for the usage of nanomaterials in a variety of fields, and allowing for its direct use in society at a faster rate as no direct human consumption is involved^{16–19}. Regardless of their incorporation onto solid supported devices such as polymeric matrixes, all produced nanomaterials and nano-doped materials should always be characterized and thoroughly evaluated regarding their toxicological profiles, not only towards microorganisms, but also in terms of their safety for human use and exposure.

4. Nanoparticle Synthesis

4.1. Silver Nanoparticles (AgNPs)

AgNPs are one of the most extensively used and researched nanomaterial due to their interesting optical properties, but also due to their impressive intrinsic physicochemical and bioactive properties²⁰. Lea et al²¹ pioneered the production of silver nanoparticles in 1889, describing the synthesis of a citrate-stabilized silver colloid through a reduction process. From here, the production of silver nanoparticles has advanced significantly, with countless of works reporting synthetic methods and a multitude of applications in areas as diverse as antibacterial, anticancer, nematocidal, wound healing, dentistry and biosensing just to name a few^{22–27}.

Regardless of the widespread use of AgNPs in various fields, several studies have also reported their cytotoxic effects. These are derived from their inherent characteristics such as their size, coating, shape, and dosage. These factors can be modulated through various mechanisms such as surface modifications or through combination with other nanomaterials^{28,29}.

As AgNPs are present in materials widely available for public use, such as deodorants or anti-aging creams, it is also important to consider the possible exposition routes²⁹. Studies in literature report four main exposure routes: oral, pulmonary, dermal, or intravenous. Regardless of the exposure mechanism, their immediate toxic effects are identical, being mostly sustained by inflammation phenomena and promotion of oxidative stress. From here, a more widespread effect can occur if the nanoparticles can breach the circulatory system, potentially causing organ-precise pathophysiological effects. Regardless, AgNPs are a material that shows a remarkable versatility, both in terms of shape, size and morphology, allowing for their application in a variety of areas and fields, if a careful consideration of their inherent characteristics is performed. Figure 2 shows an overview

of several silver nanoparticles in literature, in which is possible to discern the various shapes and sizes that might be obtained through the manipulation of the synthetic variables.

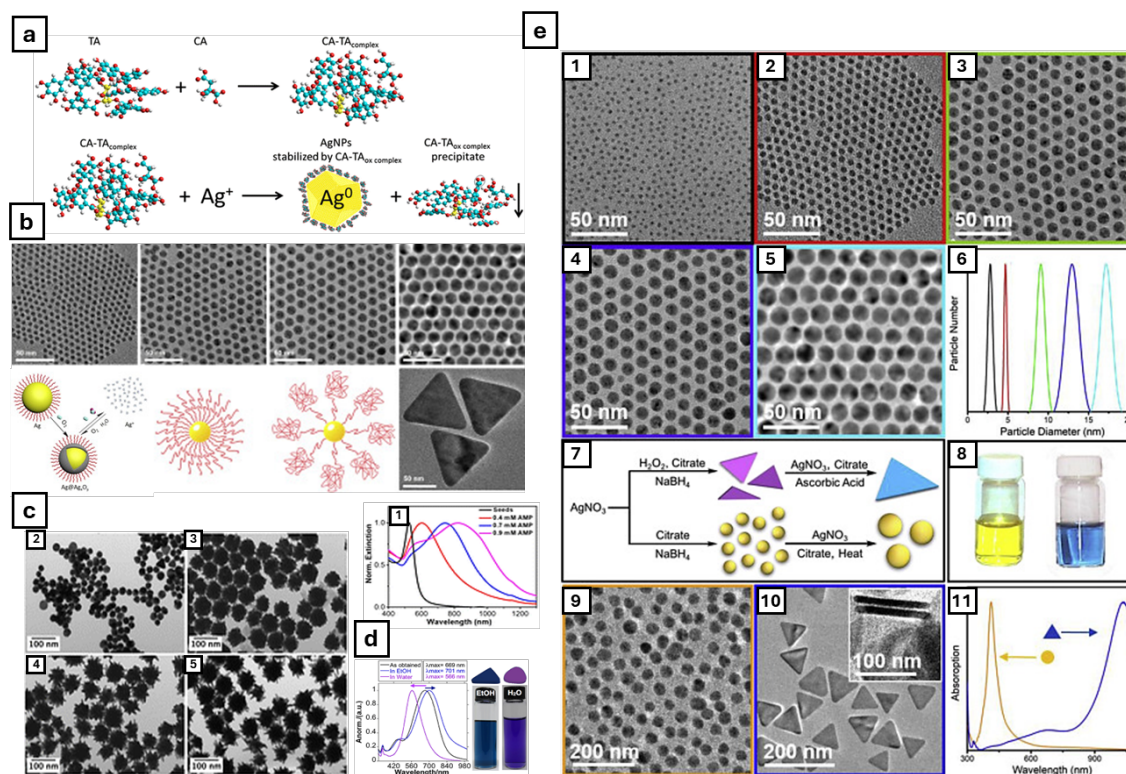


Figure 2 – (a) Schematic overview of the role of sodium citrate (CA) and tannic acid (TA) as capping agents in the synthesis of AgNPs. Adapted with permission under a Creative Commons 4.0 from ref. ³⁰. Copyright 2017 Springer. (b) TEM imaging of various shapes of AgNPs and respective schematic overview with the presence of capping agents. Adapted with permission from ref. ³¹. Copyright 2022 Elsevier. (c) TEM imaging of AgNPs of various size ranges and their respective lattice fringe and size histograms. Adapted with permission under a Creative Commons CC BY 3.0 from ref. ³². Copyright 2014 Royal Society of Chemistry. (d) Absorbance spectra of two different shaped AgNPs in EtOH and H₂O and respective colorimetric profiles. Adapted with permission under a Creative Commons CC BY 4.0 from ref. ³³. Copyright 2019 Frontiers. (e) TEM imaging of various shapes and sizes of AgNPs with the respective size distribution and colorimetric profile for nanospheres (yellow) and nanoplates (blue). Schematic overview of the production of different shapes of nanoparticles capped with sodium citrate and absorbance spectra that demonstrate the different spectral profiles for the two different nanoparticle types. Adapted with permission from ref ³¹. Copyright 2022 Elsevier.

4.1.1. Synthetic Routes for AgNPs

As a multitude of comprehensive reviews have extensively covered the synthetic routes and mechanisms of action has already been reported elsewhere^{20,34}, this paper provides a concise, brief overview of the major synthetic pathways focusing on the proposed antimicrobial mechanisms. Table 1 summarizes the major synthetic routes employed for silver nanoparticle synthesis, providing examples for each specific route.

Table 1 – Common methods for the synthesis of AgNPs

Synthetic Route: Chemical					
Method	Ag Precursor	Reducing Agent	Capping Agent	Size (nm)	Ref
Chemical Reduction	AgNO ₃	Sodium citrate and tannic acid	-	≈ 30	35
	AgNO ₃	Sodium borohydrate	-	≈ 20	35
	AgNO ₃	<i>N, N</i> -dimethylformamide	3-aminopropyltrimethoxysilane	≈ 7 to 20	36
	AgNO ₃	Tannic acid and sodium citrate	-	≈ 4 to 40	30
Photochemical Reduction	AgNO ₃	Sodium citrate	Sodium citrate	≈ 44	37
Microwave-assisted	AgNO ₃	Apple extract	-	≈ 22	38
Sonochemical method	AgNO ₃	Glucose	Gelatin	≈ 5.3	39
Synthetic Route: Electrochemical					
Ag Precursor	Stabilizer	Electrodes	Parameters		Ref
AgNO ₃	PEG	Platinum rod	2.0, 2.9, 3.7 mA.cm ⁻²		40
AgNO ₃	Citrate	Silver electrode	U = 12 V		41
Sacrificial anode	PVP	Silver rod	U = 10 V; 60°C		42
AgNO ₃	PVP	Platinum sheets	100 mA.cm ⁻²		43
Sacrificial anode	-	Silver rods	10 mA.cm ⁻²		44
Synthetic Route: Physical					
Method	Ag precursor	Size (nm)	Conditions		Ref
Ball/bead milling	Silver powder	4-8	Ar atmosphere, below -160°C		45
Electrical arc-discharge	Silver wire	-	Deionized water, 25°C		46
Laser ablation	Silver plate	20-50	Laser pulse, PVP as a stabilizing agent		47
Physical vapour condensation	Silver wire	≈ 20	Fructose as a stabilizing agent, rapid cooling		48
Synthetic Route: Biological					
Microorganism		Ag precursor	Size (nm)	Bioactive compound	Ref
Bacteria	<i>Streptomyces violaceus</i>	AgNO ₃	10-60	Exopolysaccharide	49
	<i>Pseudomonas</i>	AgNO ₃	10-40	Aliphatic and aromatic amines	50
Algae	<i>Padina</i>	AgNO ₃	≈ 40	Marine extract	51
Fungi	<i>Fusarium oxysporum</i>	AgNO ₃	20-40	Proteins	52
	<i>Aspergillus tamarii</i>	AgNO ₃	≈ 4	NADH-dependent nitrate reductase	53
Plant	<i>Abelmoschus esculentus</i>	AgNO ₃	5-25	Flower extract	54

4.1.1.1. Chemical-based methods

Chemical methods are primarily based on the first reported synthesis of AgNPs by Lea et al²¹, with a vast majority involving silver reduction steps using an organic or inorganic reducing agent⁵⁵. Some examples of commonly used reducing agents are sodium citrate⁵⁶, and tannic acid³⁰, which can fully coat the metallic core, stabilizing it in its zero-valence state (Figure 2a). Other examples in literature commonly employ sodium borohydride³⁵ or dimethylformamide (DMF)⁵⁶ with a similar purpose.

Additionally, chemical synthetic routes of AgNPs can also include the presence of a capping agent to help stabilize the obtained nanoparticles and modulate their morphology⁵⁷. The combination and ratios of each of these components will yield nanoparticles with distinct characteristics and even different shapes, yielding nanospheres, nanorods, nano stars, amongst others^{31,58} (Figures 2b, 2c) It is also important to notice that these different obtained shapes, will yield different physicochemical, optical, and even biological activities, highlighting the influence that the synthetic routes can have in the final intended applications of each nanomaterial. An easy way to verify these alterations is not only through the colorimetric alterations, usually noticeable to the naked eye, but also through the acquisition of their respective absorption spectra, in which different shapes demonstrate red or blue shifts in their spectral profiles, corresponding to higher or lower energetic states and particle stability (Figures 2d, 2e). Beyond the internal synthetic components, external factors such as pH or temperature are also relevant in the synthetic environment, as they can also easily influence the shape and characteristics of the obtained nanomaterials^{56,59}.

Prior to the addition of the selected silver precursor, chemical reducing agent and capping agent in solution, the formation of the AgNPs commonly follows a two-step process, consisting of a first nucleation step and a second growth step following a “bottom-up” mechanism⁶⁰. Other “bottom-up” chemical-based methods for the production of AgNPs are also reported in literature, such as: photochemical, in which the reduction of the silver precursor is achieved through irradiation³⁷, with a simultaneous occurrence of both nucleation and growth phenomena; microwave-assisted, in which the nucleation process occurs in response to a microwave irradiation, promoting the generation of the silver nuclei⁶¹; or sonochemical, in which cavitation effects produce a “hot-spot” promoting the generation of nuclei⁶². All these methods have in common the reduction of the silver ions,

promoting a nuclei formation and later growth of the silver nanoparticles to the desired size.

4.1.1.2. Electrochemical-based methods

Electrochemical synthesis processes for the production of AgNPs involve the reduction of the silver ions at a cathode surface within an electrochemical cell. This process can have a dual interpretation, being both “top-down” or “bottom-up” depending on the selected metal precursor. In the case where a silver salt is added to the electrolyte solution in which this process is conducted, a “bottom-up” approach can be considered, however, if a bulk silver material, commonly referred to as sacrificial anode is placed in the reactional mixture, a “top-down” approach is considered. Regardless of the process, silver ions are released onto the medium, which can be aqueous or organic, and a nucleation process occurs, forming the nanoparticle. As this process is mediated through the application of an electrical current, the nucleation process tends to occur on the surface of the electrode. To prevent this phenomenon, surfactants and other additives are commonly added to the electrolyte solution, forming a blocking layer on the electrode itself, preventing the adsorption of the nanomaterial⁶³.

Modification of parameters such as the concentration and composition of the electrolyte solutions, the cathode potentials, the bulk materials, among others allows for a manipulation of the size and shape of the obtained nanoparticles^{40–44}. For example, by applying organic solvents or ionic liquids as an electrolyte solution, instead of an aqueous medium, it is possible to apply higher current density which allows for the formation of smaller particles^{64,65}. The metal ion concentration in the initial solution is another parameter that can be modified to yield different size particles, as is also the type of surfactant used. These molecules not only contribute as a protective barrier to the electrode, preventing the occurrence of metal ion deposition onto the electrode itself, but have also an important role in the stabilization of the obtained nanoparticles in solution. Temperature is yet another important aspect to consider, as a higher energetic input onto the reactional environment might promote faster reactions, as the additional energy assists in overcoming the activation energies of the nucleation processes occurring after the reduction of the metal ions towards their nanoparticle configuration⁶⁶.

4.1.1.3. Physical-based methods

Physical-based synthetic methods rely on both mechanical and vapour-based methods, which intend to, through the application of energy, whether it being mechanical or electrical, physically reduce a silver precursor to a fine powder, yielding the intended nanoparticles³⁴. The ball/bead milling process is one strategy which consists briefly of the mechanical grinding of a silver precursor to produce increasingly smaller silver particles, until a desired size is achieved⁶⁷. This process is also highly influenced by the atmosphere and temperature in which the grinding is conducted, so a prior adjustment of the optimal experimental conditions is advised. Other physical methods for silver nanoparticle production also include electrical arc-discharge, laser ablation and physical vapour deposition methodologies^{68–70}. These use direct current, pulsed laser, and a cathodic arc source, respectively to the bulk metal, yielding the intended nanoparticles. Although effective, these methods also present some limitations such as the difficulty to precisely control the nanoparticle size obtained, however methods such as the electrical arc-discharge are a good low-cost choice for silver nanoparticle production through physical methods.

4.1.1.4. Biological-based methods

Biological synthesis of AgNPs rely on the presence of naturally occurring reducing agents in plants, microorganisms or algae. Among these, microorganisms can take advantage of obtained evolutionary mechanisms, gained when exposed to environments with high silver content, which results in the enrichment of their silver reducing mechanisms, enabling the efficient reduction of silver ions, and yielding nanoparticles as a “by-product”⁷¹. Regarding bacterial production of silver nanoparticles, a myriad of mechanisms is in place, with several enzymes playing a significant role, such as silver reductase⁷². Algae, conversely, are more dependent on the large content of biologically active reductant agents such as carbohydrates, enzymes, vitamins, etc⁵¹. The sizable presence of such compounds provides an optimal environment for silver reduction phenomena, yielding silver nanoparticles with a high yield. Moreover, due to the presence of these bioactive components, bacteria and algae extracts have also been employed as capping agents for chemical-based methods for silver nanoparticle production⁷³. In a similar aspect, due to the high bioactive molecule content and their high tolerance to metal-rich environments and soils, fungi are also an effective candidate for a sustainable, bio-based production of AgNPs^{74,75}. A crucial factor to consider about fungi-based

AgNPs synthesis is the potential pathogenicity of certain fungi to humans, with several wash and further purification cycles needed to ensure the safety of the AgNPs³⁴.

Plants can also be used as a mediator for AgNPs synthesis, with extracts of different plant parts, such as bark, flowers or leaves being used as reducing agents^{74,76,77}. These extracts are rich in a myriad of organic compounds such as enzymes, phenolic and terpenoid compounds, promoting the reduction of silver ions and subsequent nanoparticle formation.

Although efficient in their reducing capacity, biological methods have an associated inherent biological variability, which might difficult the production of homogeneous, monodisperse nanoparticles. The different contents of the respective reducing agents present in each microorganism, or extract utilized are some of the major drawbacks of these approaches, however, it is an easy, sustainable, and low-cost method for the production of AgNPs.

4.2. Copper Nanoparticles (CuNPs)

CuNPs, although not as extensively studied as AgNPs, are another interesting and versatile nanomaterial, with a wide range of biological applications, from antimicrobial to coating agents⁷⁸. The two main advantages that Cu-based nanoparticles present when in comparison to other metallic nanoparticles are their cost-effectiveness and the abundance of copper in nature. Due to their characteristics, CuNPs are a possible candidate for application in a variety of fields, with their antimicrobial activity being already widely studied^{79,80}. However, like AgNPs previously discussed, some toxic effects have also been reported, namely due to the mechanisms of ROS formation⁸¹.

A multitude of protocols can be employed to produce CuNPs, with a variety of sizes and shapes, as seen in Figure 3. Through modulations in the morphological parameters of the particles is possible to influence their bioactive and toxicological profiles to best fit the intended application⁸².

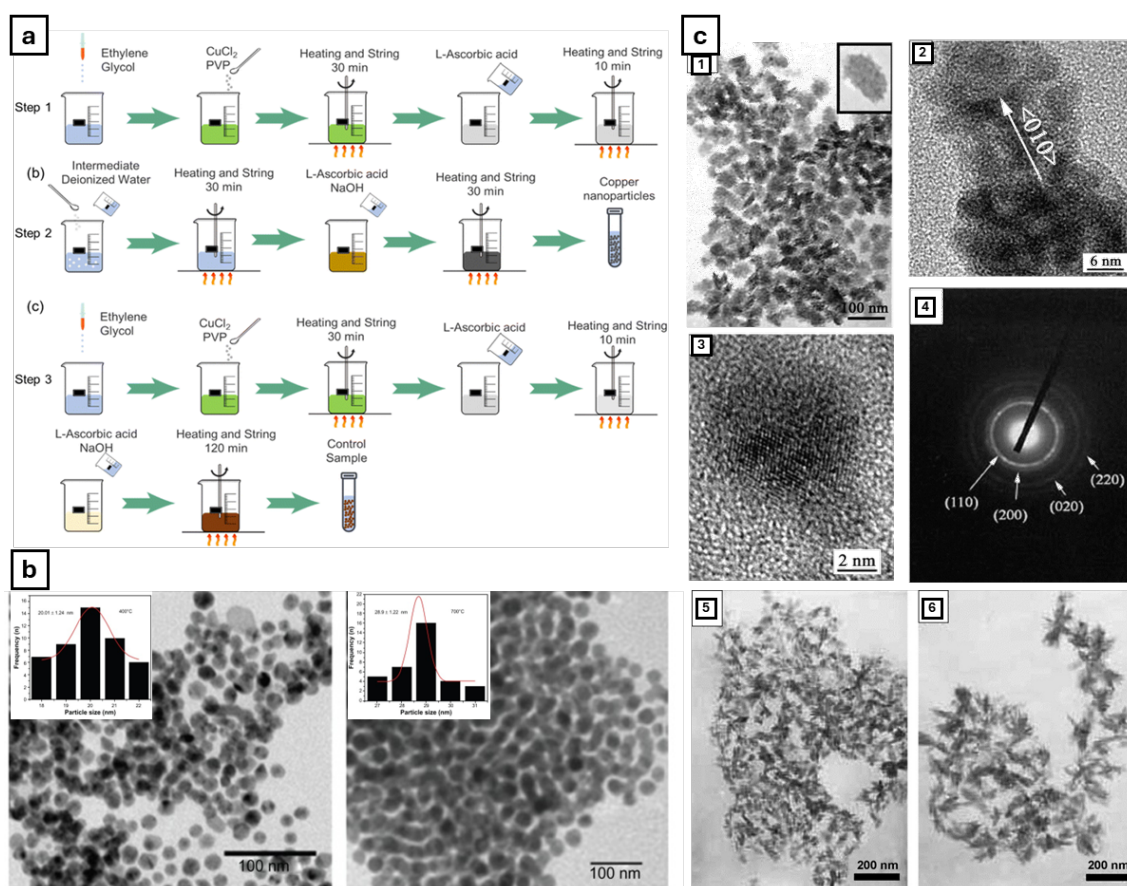


Figure 3 – (a) Schematic overview of a chemical reduction synthesis of CuNPs. Adapted with permission under a Creative Commons CC BY 3.0 from ref. ⁸³. Copyright 2023 Royal Society of Chemistry. (b) TEM imaging of CuNPs and their respective size distribution histograms. Adapted with permission under a Creative Commons CC BY 3.0 from ref. ⁸⁰. Copyright 2012 Dove Medical Press Limited. (c) TEM imaging of several types of Cu nanoparticles. SAED patterns of a single CuNP. Adapted with permission from ref. ⁸⁴. Copyright 2006 Elsevier.

Similarly to that already described for AgNPs, three main elements are necessary to produce CuNPs: a metal precursor, to provide copper ions; a reducing agent to promote the reduction of these ions; and a surfactant that aggregates both precursor and reducing agents to produce the intended nanoparticles⁸⁵.

Once again, four main paths can be used to produce CuNPs: chemical, electrochemical, physical, or biological. As other works detail extensively the synthetic routes for CuNPs synthesis⁸⁶, this review will only provide a simplified version of some of the most employed methods. Table 2 summarizes the major methods to produce CuNPs.

Table 2 - Summary of the various routes for CuNPs synthesis

Synthetic Route: Chemical					
Method	Cu Precursor	Reducing agent	Capping/ Stabilizing agent	Size (nm)	Ref

Chemical Reduction	CuCl ₂	L-ascorbic acid	PVP	≈ 34	83
	CuSO ₄ .5H ₂ O	Ascorbic acid	Starch	≈ 29	87
	CuSO ₄ .5H ₂ O	Ascorbic Acid	Starch	14 to 55	88
	Cu(acac) ₂	1,2-hexadecanediol	Oleic acid + Oleylamine	5-25	89
	CuSO ₄ .5H ₂ O	Glucose	Oleic acid + Oleylamine	45	90
Microemulsion	CuSO ₄ .5H ₂ O	N ₂ H ₄	Sodium metaphosphate	≈ 2.5	91
	CuCl ₂	NaBH ₄	AOT	≈ 500	92
	CuSO ₄ .5H ₂ O	NaBH ₄	SDS+Isopentanol	≈3	93
Microwave-assisted	CuSO ₄ .5H ₂ O	NaH ₂ PO ₂ .2H ₂ O	PVP	≈ 10	94
Ultrasonic-assisted	Copper acetylacetonate	Benzyl alcohol	Benzyl alcohol	150	95
Sonochemical	CuSO ₄ .	N ₂ H ₄	Ethylene glycol	≈108	96
Thermal-assisted	CuSO ₄ .5H ₂ O	NaBH ₄	CTAB	30-120	97
	CuSO ₄ .	-	-	27	98
Synthetic Route: Electrochemical					
Cu Precursor	Stabilizer	Electrode	Parameters	Ref	
Cu ₂ O	Choline chloride and urea (DES)	Ni disk	303-333 K; 10 mC cm ⁻²	99	
CuCl ₂	Phosphate buffer 0.1 M pH 7.0	Ag/AgCl; Platinum wire	+1.1 to -0.7 V; 50 mV/s	100	
CuCl ₂	Sargassum extract	Graphite, saturated calomel	0.1 M K ₂ SO ₄ pH = 2.3 to 5 mV/s	101	
Synthetic Route: Physical					
Method	Cu precursor	Size (nm)	Conditions	Ref	
Ball-milling	Cu(CH ₃ COO) ₂	20	Low temperature	102	
Laser Reduction	Cu(acac) ₂	100	Laser irradiation and air exposure	103	
Laser ablation	Cu plate	4-11	Cu plate immersed in virgin coconut oil. Nd:YAG laser at 532 nm.	104	
Thermal decomposition	Cu oxalate	40	140°C (1 h)	105	
	Cu acetylacetonate	2-4 (Cu ₂ O) 6 (CuNPs)	100°C / 180°C / 220 °C 6h	84	
Synthetic Route: Biological					
Microorganism	Cu Precursor	Size (nm)	Bioactive compound	Ref	
Seaweed (<i>Ulva Lactuca</i>)	CuSO ₄	-	Flavonoids, glycosides, phenolic compounds, saponins, steroids, and tannins	106	
Fungus (<i>Aspergillus niger</i>)	CuNO ₃	3-70	-	107	
Plant (<i>Krameria</i> sp.)	CuSO ₄ .5H ₂ O	5-7	-	108	

4.2.1. Synthetic Routes for CuNPs

4.2.1.1. Chemical-based methods

Chemical synthetic methods typically follow standard “bottom-up” approaches, in which the smaller units are assembled to produce a larger tri-dimensional structure. A variety of chemical oriented methods can be used to produce CuNPs such as (1) chemical reduction, (2) microemulsion, (3) microwave-assisted, or (4) ionic liquid assisted, to name the most employed.

Chemical reduction is, however, the major method described in literature to produce CuNPs. In a similar procedure to what was previously described for AgNPs, this method is based on the reduction of copper ions to metallic copper using reducing agents in the presence of a stabilizing agent^{83,86,89–91}. These copper ions can originate from a copper precursor such as copper sulphate pentahydrate or copper chloride, in combination with reducing agents such as sodium borohydride, hydrazine or ascorbic acid. On the stabilizing agents, starch or polyvinylpyrrolidone (PVP) are commonly used as well to prevent the agglomeration of the produced nanoparticles and their oxidation. Other capping agents can also be used in the synthetic process to aid in the stabilization of the metallic cores and function as morphologic agents, such as ethylene diamine tetra acetic acid (EDTA)¹⁰⁹. A schematic overview of a common chemical reduction protocol is depicted in Figure 3a. The schematic overview depicts the synthesis of CuNPs using PVP and L-ascorbic acid as capping and stabilizing agents, in a typical protocol.

Factors such as pH or temperature can deeply influence the shape and size of the obtained nanoparticles, as is possible to verify in Figures 3b, 3c, in which TEM imaging of different shaped CuNPs is presented, obtained through different synthetic approaches, being important to tightly control these parameters¹¹⁰. By the adjustment of these parameters, it is possible to manipulate the shape, size, and overall properties of the produced nanoparticles¹¹¹.

Microemulsion is yet another chemical-based method to produce CuNPs. This method, oftentimes referred to also as the reverse micelle method, is based on the creation of a water-in-oil emulsion in an aqueous environment. These micellar environments can function as the catalysts for the formation of nanoparticles, in the presence of a stabilizing agent and a strong reducing agent like the simple chemical reduction methods^{92,93}.

Some microwave aided techniques are also described, in which the reactional mixture is exposed to microwave radiation as an energy source to catalyze the formation of CuNPs^{94,95}. Application of energy to the reactional mixtures in the form of ultrasonic⁹⁶, sonochemical⁹⁷, thermal⁹⁸ or electrical¹¹² energy has also been described in producing well dispersed CuNPs.

4.2.1.2. Electrochemical-based methods

CuNPs can be obtained through electrochemical protocols. The basis for these protocols is similar to that described in section 4.1.1.2. for AgNPs. It involves the reduction of metal ions, in this specific case, of copper ions, through the application of electric current to an electrolyte solution, rather than through a traditional chemical reaction. This solution can contain either the precursor metal in a salt configuration or in a bulk material, such as an electrode. From there, the metal ions present in the medium will undergo a nucleation process and subsequently form the intended nanoparticles.

Several studies in literature point to this method as a sustainable and low-cost method to produce nanoparticles, allowing for a precise control of their morphological characteristics such as size and shape. Variations in the conditions of the synthetic procedures can easily modulate the obtained nanoparticles^{83,113}. For example, through the use of deep eutectic solvents instead of the traditional aqueous electrolyte solutions⁹⁹, or even through the use of plant extracts¹⁰¹. This technique also allows for the coating of other surfaces through the deposition of copper nanoparticles onto their surface¹⁰⁰.

4.2.1.3. Physical-based methods

Unlike chemical methods, which employ “bottom-up” approaches, physical-based methods employ a “top-down” approach for the synthesis of CuNPs. These methods are based on the decomposition of a bulk material to produce the intended nanoparticles. Several techniques might be applied to this end, some involving brute force, as is the case with ball milling techniques¹⁰².

Other strategies involving a different energetic application, for example, or through laser reduction, in which the energy is directed to the bulk material to ease its decomposition, are also reported in literature, forming the intended nanomaterials¹⁰³. These techniques can be applied in a variety of environments, for example, in the irradiation of a Cu plate submerged in virgin coconut oil, yielding CuNPs with 4 to 11 nm of diameter¹⁰⁴. Thermal

energy has also been proven to produce decomposition of Cu precursor materials, such as Cu oxalate¹⁰⁵, or Cu acetylacetonate⁸⁴, to produce CuNPs and copper oxide nanoparticles (CuO).

One main advantage of these methods is the purity of obtained materials, as no other reagents are necessary and the nanoparticles are produced from a pure bulk material, however, all these consume high levels of energy, and commonly require the use of expensive devices to allow for nanoparticle formation⁷⁸.

4.2.1.4. Biological-based methods

CuNPs might also be produced through biological methods, which use biological agents, as fungi, plants, or bacteria as reducing agents, which are biocompatible and non-toxic by nature^{106–108,114}. These protocols use extracts from plants or microorganisms, as these have elevated levels of phenolic, terpenoid and flavonoid agents as well as enzymes, which can function as stabilizers, capping and reducing agents. These are methods of high interest due to their associated low costs, but also due to the ease with which the process can be conducted, prior to extract obtention. Regardless of their sustainable profile, it is, however, important to consider that the use of biological agents as reducing agents can introduce increased variability into the obtained nanomaterials. This variability arises due to the inherent biological variability of the extracts as previously described in section 4.1.1.4. of this review. Additional disadvantages concerning the microorganism-based routes are concerning the handling of the microorganisms in an aseptic environment, increasing cost production values and time spent on these processes⁷⁸.

4.3. Silver-Copper Nanoparticles (AgCu NPs)

4.3.1. Synthesis Routes for AgCu NPs

A possible method to mitigate the difficulties associated with any specific type of monometallic nanoparticles is through the combination of two or more monometallic counterparts, producing a polymetallic material. Among these, some of the most synthesized are bimetallic nanoparticles. These materials derive synergetic interactions between their individual elements, producing a combined material with improved inherent properties, for example, presenting better catalytic and photocatalytic properties, modulation of localized surface plasmon resonance (LSPR) to best achieve an intended goal, or even increase magnetic properties of the materials¹¹⁵.

The combination of Ag and Cu to produce hybrid AgCu alloys is a promising strategy to overcome some hindrances presented by the monometallic materials themselves, whether it being the rapid oxidation phenomenon experienced by Cu or electromigration phenomena present in Ag¹¹⁶, taking advantage of their benefits. More synergetic mechanisms involving both metals have been demonstrated in literature, for example, related to selective CO₂ reduction mechanisms, potentiated by the presence of Ag metal ions in a Cu-rich environment, through the production of AgCu foam catalysts as demonstrated by Kottakkat et al¹¹⁷, or for the production of a conductive ink, passible for application for printed electronic devices, through the synthesis of AgCu core-shell nanoparticles as described by Pajor-Swierzy et al¹¹⁸. Just from these examples it is possible to understand the scientific and industrial potential that the stabilization of these two metals in an alloy configuration can have. Despite this interest and the potential these materials present, few studies have been reported in literature. The theoretical properties of these materials, such as the energetic states between the various nanoparticle configurations, as seen in Figure 4a, have been evaluated through molecular dynamics and computational studies^{119–128} however, in more recent years, these studies have evolved to the actual production and evaluation of such materials.

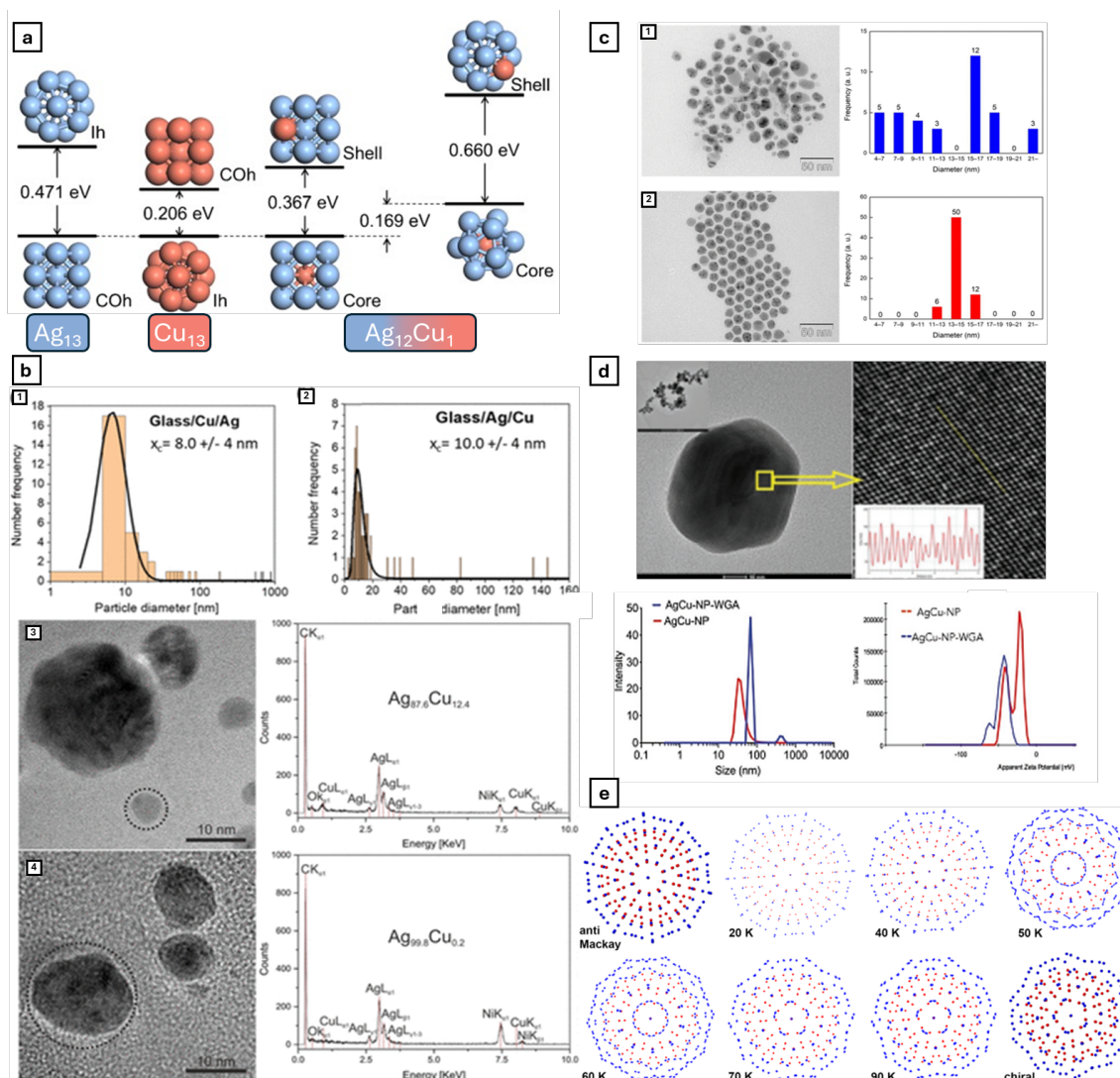


Figure 4 – (a) Energy diagrams demonstrating the difference between energetic states of various Ag (blue) and Cu (red) structures. Reprinted with permission from ref. ¹²¹. Copyright 2011 Elsevier. (b) TEM imaging of various Ag/Cu/glass nanocomposites, respective size distribution histograms and EDX spectra. Reprinted with permission from ref. ¹²⁰. Copyright 2021 American Chemical Society. (c) TEM images and size distribution histogram of AgCu NPs. Reprinted with permission from ref. ¹²⁹. Copyright 2021 American Chemical Society. (d) TEM characterization of AgCu NPs with the respective size distribution histogram, lattice fringe, and hydrodynamic diameter characterization performed by Dynamic Light Scattering spectroscopy. Reprinted from ref. ¹³⁰. Copyright 2022 John Wiley and Sons. (e) Schematic representation of Ag (blue) and Cu (red) distribution in nanostructures in function of temperature. Adapted with permission under a Creative Commons CC BY 4.0 from ref. ¹¹⁹. Copyright 2020 Springer Nature.

Few studies in literature have reported the production of AgCu bimetallic alloys. The production of these materials can have some challenges associated. Due to the difference in lattice constants presented by each material, 0.361 nm, and 0.409 nm respectively for Cu and Ag, the stabilization of the metals in a single alloy can be difficult¹³¹. Furthermore, both metals have also different reduction potentials, +0.80 E_o (V. vs. SHE) for Ag(I)/Ag(0) and +0.34 E_o (V. vs. SHE) for Cu(II)/Cu(0)¹³², making it difficult to control

the simultaneous reduction of both metals to form a homogeneous alloy. Additionally, copper is also known to be of poor stability in aqueous medium, further increasing the difficulty to synthesize and stabilize a AgCu alloy. Regardless of these challenges, studies on the production of AgCu hybrid nanoparticles in literature report a variety of methods for their production, with different shapes and size distributions as seen in Figures 4b, 4c and 4d. Table 3 summarizes these procedures. These can be divided into four main categories: chemical, electrochemical, physical, or biological-based methods.

Table 3 – Summary of the methods for the synthesis of bimetallic AgCu NPs

Synthetic Route: Chemical							
Method	Ag Precursor	Cu Precursor	Reducing agent	Capping agent	Size (nm)	Ref	
Chemical Reduction	AgNO ₃	Copper acetate	Hydrazine and sodium citrate	Mercaptopropionic acid	4-32	133	
	AgNO ₃	Copper acetate	-	PVP	ca. 180	134	
	Silver citrate	Copper acetate	NaBH ₄	PVP	45-50	135	
	AgNO ₃	Copper acetate	Cysteine	Sodium citrate	-	136	
	AgNO ₃	Copper nitrate	Cysteine	-	ca.4.18	137	
	[Ag (NH ₂ C ₁₂ H ₂₅) ₂] NO ₃	[Cu(PPh ₃) ₂ (bea)] [Cu(PPh ₃) ₃ (Hphta)]	Oleylamine	1-octadecene	ca. 13-14	129	
	AgNO ₃	Copper acetate	Hydrazine	-	-	130	
	AgNO ₃	Copper chloride	NaBH ₄	TPPB	1.69	138	
	AgNO ₃	Copper sulphate	L-ascorbic acid	PVP	40	139	
	AgNO ₃	Cu(acac) ₂	Oleylamine	-	13.9	140	
	AgNO ₃	Copper sulfate	Sodium citrate	-	50-150	141	
	AgNO ₃	Copper acetate	Oleylamine and 1-octadecanol	Oleic acid	15	116	
	Deposition	Commercially available AgNPs	Copper nitrate	-	PVA and PVP	15-22	142
		Aqueous AgNPs dispersion	Copper nitrate	-	PVA and PVP	3-20	143
		Aqueous dispersion AgNPs	Copper nitrate	-	PVA and PVP	6-15	144
Aqueous dispersion of AgNPs		Copper nitrate	-	PVA and PVP	1-22	145	
Microwave assisted	AgNO ₃	Copper nitrate	Ascorbic acid	Starch	32-55	131	
Microemulsion	AgNO ₃	Copper sulphate	Tannic acid	-	13-156	146	
	AgNO ₃	Cu(AOT) ₂	Hydrazine	-	3	147	
Galvanic Displacement	AgNO ₃	Cu NPs commercially available	-	-	100-200	148	
Synthetic Route: Electrochemical							
Ag Precursor	Cu Precursor	Stabilizer	Electrode	Parameters	Ref		
AgNO ₃	CuSO ₄	Hydrazine	Carbon rods	0.01 ampere/second	149		
AgNO ₃	CuSO ₄	-	Foams	25s pulse of -0.9 V	150		

Synthetic Route: Physical					
Method	Ag precursor	Cu precursor	Size	Conditions	Ref
Deposition	Ag layer	Cu layer	-	Annealing of the layers at various temperatures	151
	Ag layer	Cu layer	-	Eutetic ratio of 28% wt Cu	152
	AgCu square plate		-	Laser ablation with a KrF laser	153
Sputtering	Ag wire	Cu target	-	6 cm of distance to the target and 6 rpm	154
	Pure Ag target	Pure Cu target	-	High vacuum co-sputtering system	155
	Pure Ag target	Pure Cu target	-	Deposition temperature of 20°C, base pressure of 1.0 x 10 ⁻² mbar, Ar flow and sputtering power of 40 W	156
Hydrogen-reduction-assisted Ultrasonic Spray Pyrolysis	AgNO ₃	(CuNO ₃) ₂ .3H ₂ O	-	Percursor solution atomized and the reduction of aerosol droplets occurred at 800°C	157
Pulsed plasma in liquid	Electrode	Electrode	-	5000 vibrations per minute	158
Pulsed Layer Ablation	CuAg bilayer films		-	Film thickness of ca. 80 nm	120
Synthetic Route: Biologic					
Microorganism	Ag Precursor	Cu precursor	Size	Bioactive compound	Ref
<i>Achras sapota</i> Linn	AgNO ₃	Cu(NO ₃) ₂ .3H ₂ O	20-40 nm	Reducing sugars, proteins, ascorbic acid, phenolics and carotenoids	159
<i>Aegle marmelos</i> and <i>Citrus limetta</i>	AgNO ₃	CuSO ₄	5-7	Full extract	160
<i>Phoenix dactylifera</i>	AgNO ₃	Cu(NO ₃) ₂ .3H ₂ O	-	Phenolic compound	161
<i>Kigelia Africana</i>	AgNO ₃	CuCl ₂ .2H ₂ O	ca.10 nm	Full extracts	162
<i>Aspergillus terreus</i>	AgNO ₃	CuNO ₃	20-22	Full fungal biomass	163

4.3.1.1. Chemical-based methods

Most methods described in literature for the synthesis of AgCu NPs typically follow chemically based methods in a “bottom-up” approach, relying additionally on a thermal part to ease the reduction process of both metal precursors and to help stabilize the obtained nanomaterials. Temperature is a crucial factor to consider in regards to the production of AgCu NPs, as different temperatures can yield different distributions of both monometallic counterparts in the final nanoparticle as seen in Figure 4e¹¹⁹. To perform the metal reduction process, a strong reducing agent is needed, to reduce both metal precursors to their zero-valent state¹³³. Additionally, capping agents such as polyvinylpyrrolidone (PVP), polyethylene glycol (PEG) or cetyltrimethylammonium

bromide (CTAB), might also be added to stabilize the obtained nanoparticles and prevent aggregation and oxidation phenomena^{134,135}.

The key issues reported in the synthesis of AgCu NPs are related to their low stability, high air sensitivity and the high reactivity of copper. These oftentimes originate the presence of copper oxides in the final product¹³⁶. To minimize these issues, synthetic routes are commonly conducted under an inert atmosphere. However, through the regulation of all these parameters, a precise control over the characteristics of the produced particles, such as their size, shape, and metal composition percentages can be achieved.

One of the earliest reports on AgCu nanoparticle underlines the importance of reagent choice, as different combinations might yield materials with different properties. Various metal ratios and solvent iterations were able to produce a wide range of bimetallic nanoparticles, with various configurations ranging from a pure AgCu alloy to Cu core-Ag shell and Ag Core-Cu shell nanoparticles confirmed through different LSPR bands and transmission electron microscopy (TEM) analysis. These nanoparticles ranged in size from 35 to 40 nm. The results obtained through reagent variations clearly illustrate the adaptable profile of these synthetic routes, producing stable and versatile nanoparticles. Other more complex systems have also been reported, through the addition of other elements to the reactional mixture. Taner et al¹³⁶ reports the introduction of cysteine in the reactional mixture as an antioxidant agent to prevent the oxidation of metallic Cu to the previous state of Cu²⁺. Zhang et al¹³⁷ has also introduced cysteine as a stabilizing agent, however in a different approach, to produce a AgCu nanocluster hydrogel. Interestingly, a green-chemistry directed approach was performed, by using an ultraviolet (UV) photoreduction one-pot method.

Although hybrid AgCu NPs can be produced using metal salts as precursors, other silver and copper complexes can also be used for this function. Vyloukal et al¹²⁹ reports the production of AgCu nanoalloys using as a silver precursor [Ag (NH₂C₁₂H₂₅)₂]NO₃ and as copper precursors [Cu(PPh₃)₂(bea)] and [Cu(PPh₃)₃(Hphta)]. Interestingly, through the differentiation of these two copper precursors, two vastly different shapes of nanomaterials were obtained. By using [Cu (PPh₃)₂(bea)], Janus-type nanomaterials were obtained with 15-17 nm of diameter, contrasting by the Ag/Cu alloy mixture obtained with the second precursor, yielding spherical, more homogeneous, and monodispersed,

13-15 nm diameter nanoparticles. Once again, the type of precursor used highly influenced the obtained nanomaterials about shape, size, and nanoparticle distribution.

The choice of reducing agent is yet another crucial aspect of the hybrid AgCu NP synthesis. Out of all the reported studies, hydrazine is the most often reported to this end. Hydrazine is a strong reducing agent, which is quite effective in reducing transition metal oxides¹⁶⁴. Nonetheless, it is quite hazardous and expensive, hindering large scale-ups of the synthetic process. Various authors have reported in literature the use of hydrazine as a reducing agent for the synthesis of hybrid AgCu NPs^{130,133,136} due to their strong nature. Nonetheless, others such as sodium borohydride¹³⁸, ascorbic acid¹³⁹, oleylamine¹⁴⁰, or sodium citrate¹⁴¹ are also reported. One point in common in the majority of reducing agents such as those reported is their hazardous and toxic nature. Greener alternatives, such as 1-octadecanol has also been reported in literature as a mild, less toxic reagent which can also produce monodisperse nanoparticles as reported by Dou et al¹¹⁶. This study proposed the synthesis of alloy AgCu NPs with varying Ag:Cu ratios. The authors found that an equal proportion of metals was ideal to produce monodisperse spherical nanoparticles, with an average diameter of ca. 11 nm.

The obtained AgCu nanoparticles can also become part of more complex systems, through other functionalization of metal layers in the obtained alloys, allowing them to produce increasingly complex systems. Tang et al¹³⁹ reports the production of Janus-type AgCu NPs, which were additionally covered by layers of Pt and Pd, producing a quadrometallic nanoparticles.

4.3.1.1.1. Deposition-based methods

Pre-made or commercially available monometallic nanoparticles can be used as a basis for the production of bimetallic nanoparticles. This type of synthesis often focuses on the deposition of metal ions to an already existent core nanoparticle, forming a core-shell structure instead of a mixed alloy. To this end, commercially available AgNPs were used, as a basis to produce silver core-copper shell nanoparticles^{142,143}. To these core silver NPs, different copper precursors were added, varying their concentration in the initial mixture to best optimize the Ag:Cu ratio present in each material. As an example, Zhou et al¹⁴⁴ reports one such process, in which commercially available AgNPs, stabilized with a mixture of PVP and PVA serve as a basis for the deposition of Cu ions. This process was also conducted with iron metal ions, proving the versatility that it presents. Stabilized

AgNPs can catalyse the metal ions added to the reactional mixture, under high temperatures, causing their direct deposition on the surface of the particle, yielding spherical nanoparticles with diameters that range from 15 to 50 nm. In another example, Tao et al¹⁴⁵ followed a similar approach, by depositing copper nitrate onto PVA-PVP stabilized AgNPs at 60°C. Once again, spherical nanoparticles. Interestingly, the size of the nanoparticles was able to be modulated according to the reactional time, with the hybrid AgCu occurring after only 10 minutes of reaction. All synthetic mechanisms that depict this strategy can be accompanied through the acquisition of UV-Vis spectra, as the initial silver nanoparticles present a well-defined plasmonic resonance band, which is modulated with the reduction and subsequent deposition of copper ions in the surface of the particle, producing the hybrid nanomaterial. Differences in the absorption and light scattering of the material might cause a shift or decrease in the intensity of the original AgNPs UV-Vis plasmonic resonance band as verified in the above-mentioned studies.

4.3.1.1.2. Microwave-assisted methods

Microwave-assisted techniques have also been reported as a greener alternative for the chemical production of hybrid bimetallic AgCu NPs. Valodkar et al¹³¹ reports the first production of stable spherical nanoparticles, using microwave assisted methods. Several Ag:Cu ratios have been evaluated, producing nanoparticles with sizes ranging from ca. 32 to 52 nm of diameter. To the metal precursors, silver and copper nitrate, were added starch and ascorbic acid as a stabilizing and reducing agent, respectively. A particular advantage of this method is the one-pot type of synthetic route as well as the quick time, as these nanoparticles were obtained after only 90 s in a common microwave oven at the maximum power. Another example has been reported by Reyes-Blas et al¹⁶⁵ in a similar one-pot approach, using as metal precursors silver nitrate and copper acetate, in the presence of ethylene glycol as a solvent and sodium chloride, PVP and NaOH, for 2 minutes at a temperature of 175°C. Once again, stable nanoparticles were obtained, although these parameters yielded much smaller nanoparticles, with an average diameter of ca. 12 nm with a quasi-spherical irregular shape. An Ag:Cu ratio of 2:1.5 was determined to be the best for this synthetic route, however, it might be modulated to produce nanoparticles with varied sizes and modulate the shape of the obtained nanoparticles. In a more recent study, Dlugosz et al¹⁴⁶ has also used a microwave aided technique to produce hybrid AgCu NPs, using once again as metal precursors silver nitrate and copper sulphate, in a flow system run in a microwave oven. A two-step

approach has been proposed, yielding nanoparticles with sizes ranging from ca. 27 to 96 nm, once again dependent on the Ag:Cu ratio of the initial reactional mixture. All these processes have in common the fast time with which the nanoparticles are produced, and the lack of more toxic components in the reactional mixtures, allowing for a fast, high-throughput synthetic route for this type of nanomaterials.

4.3.1.1.3. Other methods

Other chemical-based techniques have also been reported, although in a smaller number, such as a microemulsion method reported by Tanori et al¹⁴⁷. The microemulsion method combines two immiscible aqueous/oil phases and through coalescence phenomena catalysed by a precipitating agent produces the intended nanoparticles. This process yielded spherical stable nanoparticles with an average diameter of ca. 3 nm.

Galvanic displacement is yet another technique reported for the synthesis of AgCu hybrid materials and may be associated with other techniques as reported by Du et al¹⁴⁸ in which the production of copper-core silver-shell nanomaterial is described. The materials reported in this study follow a deposition route, assisted with ultrasounds and a combined galvanic displacement technique. Kim et al¹⁴⁰, has also reported the synthesis of AgCu NPs were produced using Cu(acac)₂ as a copper precursor. This process was based first on the production of Cu (0) nanoclusters, at a high temperature (220°C) followed by a decrease in temperature to continue to the Ag addition to the material through a galvanic displacement technique. This technique has also been reported to produce other materials such as foams for applications ranging from battery components¹⁶⁶ or CO₂¹¹⁷ or biomass reductors¹⁵⁰.

4.3.1.2. Electrochemical-based methods

Electrochemical methods are yet another strategy that has been reported for the synthesis of these materials. Salam et al¹⁴⁹ has reported the production of AgCu nano alloys following an electrochemical-based method. While the study reports the production of spherical nanoparticles with modifiable size and shape, it also acknowledges an inherent challenge related to electrochemical techniques, specifically concerning method reproducibility. Other examples described in literature for the production of bimetallic AgCu materials are through the electrodeposition of silver ions onto a copper foam, forming a bimetallic coated material¹⁵⁰ or by the production of both intermixed, and

phase-separated AgCu particles deposited onto carbon paper electrodes¹⁶⁷. Despite the various studies demonstrating that it is possible to produce several configurations of AgCu bimetallic nanoparticles through electrochemical methods, some protocol parameters may prove challenging to fully regulate and control, and even minor adjustments could affect nanoparticle morphology, resulting in a higher method variability than other methods here reported. Despite this, the approach shows promise, albeit requiring a comprehensive process optimization.

4.3.1.3. Physical-based methods

Most of the reported articles on physical-based methods for AgCuNPs production are based on deposition techniques¹⁶⁸. These can be based on the deposition of silver atoms in a copper grid, following a specific crystallographic plane, Cu (111), which yielded a triangular pattern verified in the Ag layer, or the deposition of both Ag and Cu atoms in a light-emitting diode (LED) substrate, through a physical vapor deposition (PVD) technique, i.e. e-beam evaporation, resulting in the production of a multilayer electrode¹⁵¹, or even using KCl crystals as substrates for the production of AgCu nanoparticles¹⁵². A different PVD approach can also be used, through a pulsed layer deposition (PLD) protocol, to deposit an AgCu alloy onto a Al₂O₃ target¹⁵³.

Sputtering methods have also been reported as strategies to produce AgCu NPs. These can be based on the deposition of only one metallic element, such as the deposition of silver atoms into a Cu target¹⁵⁴, or through co-sputtering methods, in which both metal ions are deposited onto a glass surface¹⁵⁵ or in a metallic target¹⁵⁶. Other methods to produce a variety of AgCu NPs such as Hydrogen-reduction-assisted Ultrasonic Spray Pyrolysis (USP)¹⁵⁷, Pulsed plasma in liquid (PPL)¹⁵⁸ or Pulsed Layer Ablation (PLA) in liquids¹²⁰ have also been reported.

4.3.1.4. Biological-based methods

Although few, some studies of the production of bimetallic AgCu NPs have been reported in literature. These are based mostly on the use of plant extracts, which are rich in phenolic components and ascorbic acid, as reducing agents for the synthetic route. Extracts from leaves or fruit peels from plants as varied as *Achras sapota* Linn.¹⁵⁹, *Aegle marmelos* and *Citrus limetta*¹⁶⁰, *Phoenix dactylifera*¹⁶¹ or *Kigelia Africana*¹⁶². Fungal biomass has also

been employed as a stabilizing and reducing agent provider, using additional microwave assistance to promote the synthesis of AgCu nanoparticles¹⁶³.

5. Nanoparticle Incorporation into Polymers

The integration of nanoparticles into polymeric matrices represents a highly promising research area. Due to the easily manipulable nature of nanoparticles, their introduction onto solid supported matrixes allows the production of smart, versatile materials that can be fine-tuned and optimized for a specific application such as the production of a material with antimicrobial activity as seen in Figure 5a¹⁶⁹. AgNPs can be seen clearly incorporated onto a cellulose nanofibril polymeric matrix. Upon testing of these films against Gram-positive and Gram-negative bacteria, a clear inhibition zone is detected, indicating a broad-spectrum antimicrobial activity. Additionally, the incorporation of nanoparticles onto a solid supported matrix might also help in the stabilization of the particles themselves, further improving the characteristics of the materials¹⁷⁰.

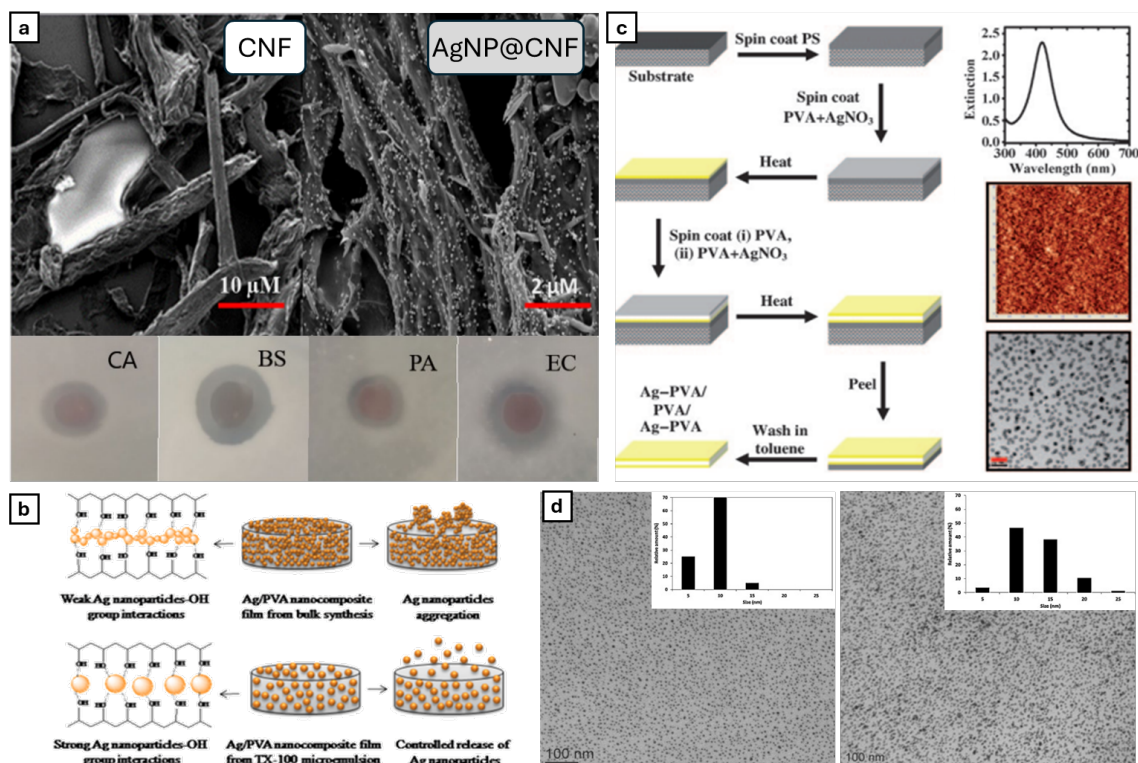


Figure 5 – (a) SEM imaging of cellulose nanofibrils doped with AgNPs and inhibitory behavior of the nanoparticle-doped polymer against *C. albicans* (CA), *B. subtilis* (BS), *P. aeruginosa* (PA) and *E. coli* (EC). Adapted with permission under a Creative Commons CC-BY 4.0 from ref. ¹⁶⁹. Copyright 2020 Springer Nature. (b) Schematic representation of the incorporation of nanoparticles onto a polymeric matrix and the subsequent release of the particles from the matrix. Reprinted with permission from ref. ¹⁷¹. Copyright 2017 Elsevier. (c) Schematic overview of the process of production of spin coating AgNPs containing PVA films and respective AFM topographic profile and TEM imaging. Reprinted

5.1. Solvent Casting

The solvent casting technique is one of the most reported in literature due to the ease with which can be conducted. It is based on the dissolution of the polymeric material in an appropriate solvent, stabilizing the tridimensional polymeric mesh. This liquid stabilization allows for the entrapment of additional compounds or, in the specific case of this review, nanoparticles in the matrix before its consolidation onto a solid dried film/membrane¹⁷⁴. A subsequent controlled evaporation of the solvent, whether at room temperature or in a temperature dependent process, allows for the consolidation of the matrix onto a solid supported material.

Its widespread use is also related to the lack of need for expensive material, only needing commonplace solvents, be it water or any kind of organic solvent which can be easily accessible in a common laboratory. However, this same advantage can also be an hinderance on the scaling up of these same processes, as it would require the evaporation of large quantities of solvents, in a process which may not be ideal for an industrial application. Regardless, for more hands-on applications and research development it remains one of the most employed techniques.

An important aspect when considering the drying techniques employed for the obtention of films is temperature dependence. To some organic solvents, a simple room temperature slow evaporation may be enough to produce the polymeric matrix, however, some procedures require temperature-dependent steps, whether it being to promote the polymerization onto a tridimensional mesh, or to dry the solvent, allowing for the obtention of a uniform polymeric material.

To produce nanoparticle-doped polymeric matrixes using solvent casting methodologies, two major pathways can be taken: *in situ* and *ex situ*¹⁷⁵. *In situ* production routes focus on the simultaneous production of the nanoparticles in the polymeric matrix whereas *ex situ* techniques focus on the previous production of the nanoparticles before their introduction onto the polymeric matrix.

Considering *in situ* methodologies, these include commonly the introduction of the metal precursor, as silver nitrate or copper chloride, for AgNPs and CuNPs respectively, in the

polymeric matrix before its stabilization in a liquid environment^{175,176}. The incorporation of the precursor materials is reported to produce more well dispersed and homogeneous polymers, than through *ex situ* methodologies, in which aggregation phenomena of the particles on the matrix is more likely to occur¹⁷⁷. However, this strategy might also result in the production of less homogeneous particles and further functionalization might not be feasible, limiting the applicability of the produced material.

Regardless, the introduction of more components in the polymeric matrix might assist in the production of more distinct materials. These additives might be reducing agents, which will assist in the reduction of the precursor materials, facilitating nanoparticle production, but can also perform as crosslinking agents, assisting and improving the mechanical characteristics of the produced polymers. One such example is reported by Kukushkina et al¹⁷⁸, in which tannic acid and glutaraldehyde were incorporated in the chitosan matrix along with the silver nitrate precursor. These two additives acted both as reducing agents, but also as crosslinking agents, further improving the characteristics of the produced films.

One of the major advantages of this method is that it can be applied to a wide variety of polymeric matrixes, from petrochemical derived such as PVA (Figure 5b)^{171,178}, polyvinylpyrrolidone (PVP)¹⁷⁹ or polyetherimide (PEI)¹⁸⁰, to biocompatible matrixes such as cellulose¹⁷³ or starch (Figure 5d).

In contrast, *ex-situ* routes focus on a two-step application in which the nanoparticles are produced in a separate synthetic procedure and only then stabilized and incorporated onto the polymeric matrix. The separation of the production of the materials into two distinct phases: the synthesis of the nanoparticles and the subsequent incorporation onto a polymeric matrix, ensures the optimization of both components in their respective protocols.

Additionally, it is easier to define and optimize the production of the nanomaterials, tailoring them towards a specific environment without their entrapment in a polymeric matrix. This technique can be applied for a variety of polymeric matrixes, such as pure PVA¹⁸¹, blended PVA mixtures^{182,183}, agar¹⁸⁴, poly(lactic acid)¹⁸⁵, starch¹⁸⁶, polyurethane¹⁸⁷, polyethylene oxide¹⁸⁸. Copper nanoparticles have also been incorporated into polymeric matrixes using similar approaches, for example incorporating onto chitosan¹⁸⁹, or even pyrrolidone ones¹⁹⁰.

Another *ex-situ* approach that can be taken is the introduction of a polymeric capping agent during the synthesis protocol of the nanoparticles, such as PVA that is then subjected to a temperature-dependent¹⁹¹, or ultrasound-mediated¹⁹² solvent casting mechanism, producing the nanoparticle-doped films, without the need for an external polymeric source.

5.2. Spin Coating

Spin-coating techniques are yet another widely reported technique for the production of polymeric materials¹⁷². This technique is based on the deposition of a polymeric precursor solution/suspension into a high-speed rotating disc, followed by solvent evaporation which results in the production of a membrane/surface coating¹⁹³.

This process is typically composed by four different stages: deposition, spin-up, spin-off and evaporation^{194,195}. Generally, the first step comprises of the deposition of the solution, which might contain precursor moieties, nanoparticles, or other additives, onto a spinning substrate. Several types of substrates can be applied, from silicon wafers, glass substrates¹⁹⁶ and polystyrene layers¹⁷². Protocol iterations might also be performed to adjust the protocol to the specific matrixes employed. For example, through static or dynamic depositions¹⁹⁷ which will influence the obtained polymers in terms of thickness and homogeneity.

Similarly to what was described for the solvent casting methods, both *in situ* and *ex situ* techniques can be applied. *Ex-situ* methods allow for the incorporation of previously synthesized nanoparticles onto a polymeric matrix. Several examples of this technique are reported in literature using diverse polymeric matrixes, for example poly(methyl-methacrylate) (PMMA)¹⁹⁸, cellulose/polyaniline¹⁹⁹, polyacrylonitrile²⁰⁰, polyurethane¹⁸⁷, or PVA^{201–203}. The most important step for the stabilization of these particles onto a polymeric matrix is the compatibilization between the solubility of the particles and of the polymer. As the particles are stabilized in the polymeric suspension, the spin coating cycles can be adjusted to the specific conditions of the intended polymer and allow to produce the films with the wanted characteristics.

Additionally, through this method there is a possibility to introduce distinct types of nanoparticles and other metallic components in the polymeric matrix suspension,

allowing them to produce more complex nanocomposite materials, in a simple approach²⁰⁴.

As also previously described, *in situ* methods are focused on the stabilization of a metallic precursor onto the polymeric matrix and the subsequent spin coating onto an appropriate surface. As an example, Hariprasad et al²⁰⁵ describes the production of a nanocomposite polymeric material in which AgNPs are formed inside a polymeric PVA matrix (Figure 5c). These particles were only produced prior to the incorporation of the precursor, in this case AgNO₃, onto the PVA matrix followed by a spin coating cycle. The obtained matrix was then subjected to heating cycles, allowing for the formation of small monodispersed AgNPs incorporated in the matrix. As the precursor is previously incorporated into the matrix, there is a good dispersion of the particles throughout the matrix. Similar approaches have also been reported in literature with different polymeric matrixes such as the study reported by Lyutakov et al²⁰⁶ in which the silver nitrate precursor was stabilized onto a solubilized PMMA matrix in the presence of N-methyl pyrrolidone as a cosolvent and reducing agent. This suspension was then subjected to a spin coating cycle, yielding a homogeneous yellow polymer. Once again, these polymers were also subjected to high temperature cycles to further potentiate the reduction of the precursor material to form the embedded nanoparticles in the matrix.

Production of bimetallic-doped materials is also possible with this approach²⁰⁷. Some studies have reported the common incorporation of silver nitrate, as a silver precursor with copper nitrate in the polymeric suspension prior to the application of spin coating cycles. These studies report that the presence of a bimetallic component in the matrixes improves the stability of the films, and some of their mechanical and physical characteristics such as their water solubility and permeability.

5.3. Electrospinning

Whereas the spin coating method is based on centrifugal force to force the dispersion of the polymeric matrix, with any compounds that are to be doped into it, onto a collector, electrospinning methods use the application of an applied high-voltage electric field that disperses a polymeric matrix, while also allowing for the melting of certain polymers and their physical manipulation. This manipulation occurs through spray stretching phenomena, mediated by static electricity²⁰⁸. The obtained fiber mesh can be modulated through parameters such as surface tension, flow rate, applied voltage and polymer

composition²⁰⁹. As this technique allows for the formation of nanofibrous membranes, it becomes a versatile alternative to produce nanoparticle doped materials with a well dispersed presence of particles.

This is yet one of the methods described in literature for the incorporation of nanoparticles onto a polymeric matrix. Once again, this technique can be applied for a variety of polymeric matrixes, both single and blended, and allows for the incorporation of any type of nanoparticles, as long as these are able to stabilize with the matrix, prior to the electrospinning procedure. The production of blended matrixes is also another possibility. Studies report the production of matrixes as varied as Chitosan/Polylactic Acid²¹⁰, Polylactic Acid/Curcumin²¹¹, Polyvinylidene fluoride (PVDF)²¹², PVA²¹³, polyurethane²¹⁴, PVP²¹⁵, polycaprolactone^{216,217}, chitosan²¹⁸, polyacrylonitrile^{219,220}, polyethylene oxide²²¹ just to name a few.

5.4. Other Methods

Several other techniques have been reported in literature for the incorporation of nanoparticles onto polymeric matrixes. Although yielding well dispersed, homogeneous polymers, these are reported in a fewer number in literature and oftentimes produce coatings instead of independent films/membranes, while using more expensive and more specialized equipment. Regardless, a brief list of these is still presented in this section. These can be related to plasma polymerization, in which, briefly, the polymeric matrix suffers an abrupt energy input, from radiofrequency or microwave application, activating the monomeric moieties through the formation of free radicals on the polymeric surface, and triggering a subsequent polymerization of the material²²². Some studies have reported the successful incorporation of both silver and copper nanoparticles through this technique in polymers such as polymethylsiloxane²²³, plasma polymer films²²⁴, poly(allyl alcohol)²²⁵, or even Cu-plasma polymerized fluorocarbon matrixes²²⁶. Other techniques such as electrodeposition²²⁷, sputtering²²⁸, electropolymerization^{229,230} have also been reported.

6. Antimicrobial Mechanisms of Action

The antimicrobial activity of metallic nanoparticles is widely reported in literature^{231–234}. Although the specific mechanisms of action are not yet fully understood, it is a widely consensual hypothesis that this activity is not derived from only one antimicrobial

mechanism, but from a combination of factors and interferences that originate from the interactions of the nanoparticles with the microorganisms (Figure 6a). The influence of each factor varies depending on the specific microorganism's species or type. However, the overall effect arises from a combination of factors that work simultaneously to produce a significant biological response, leading to outcomes such as cell death, growth inhibition or apoptotic behavior. Biological variability and environments also play a key role in the antimicrobial activity of nanoparticles. For example, to inhibit a microorganism that has already infected another body is a different task than the inhibition of the same microorganism prior to infection. Different biological environments might also modulate the response that the microorganism presents towards a specific antimicrobial agent, such as nanoparticles.

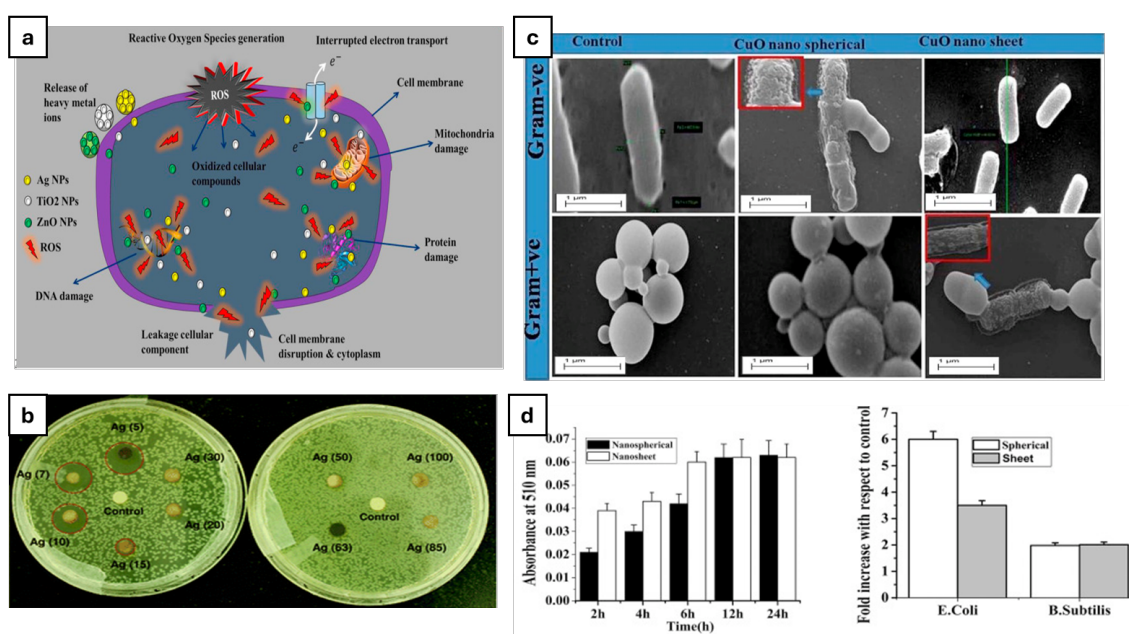


Figure 6 – (a) General overview of the antimicrobial mechanisms that nanoparticles can produce. Reprinted with permission from ref. ²³⁵. Copyright 2018 Elsevier. (b) Antimicrobial effect of differently sized AgNPs against *E. coli*. Adapted with permission under a Creative Commons CC BY 3.0 from ref. ³². Copyright 2014 Royal Society of Chemistry. (c) SEM images of *E. coli* and *B. subtilis* bacteria in the presence of CuO NPs with varying shapes (spherical and sheet). (d) CuO release from two different shapes of CuNPs, ROS generation by *E. coli* and *B. subtilis* in the presence of different shaped CuNPs. Reprinted with permission from ref. ²³⁶ Copyright 2014 Elsevier.

Nanoparticles can interact with the bacterial cells in two major ways: through (1) external interactions with the cellular membranes, leading to adhesion phenomena, or through (2) internal effects mediated through cell penetration and subsequent interactions with cytosolic components. These mechanisms are dependent on several characteristics of the nanoparticles such as their size, shape, concentration, colloidal state, and oxidation state,

being able to be modulated according to the intended effect. Below, are summarized the major mechanisms reported specifically for silver and copper nanoparticles.

6.1. Physico-Chemical Properties And Their Impact On Antimicrobial Activity

Several papers in literature report the occurrence of size-dependence in the antimicrobial activity of both silver and copper nanoparticles which is clearly visible in Figure 6b, in which, differently sized AgNPs yield different inhibition halos for the same *E. coli* strain²³⁵. Some papers state a size threshold of 50 nm for nanoparticle diameter for optimal antibacterial activity. Silver nanoparticles with diameters between 10-15 nm have been reported as having increased antibacterial activity when compared to larger nanoparticles²³⁷. Similarly, smaller copper nanoparticles, with diameters below 20 nm have been described as more effective than their larger formulations²³⁸. A wide variety of authors corroborate the size-dependent activity of nanoparticles about their specific antibacterial activity for both Gram-positive and Gram-negative bacteria. It is believed that a smaller nanoparticle size would allow for easier cellular penetration and an easier later interaction with other cytosolic components^{239–241}.

Additionally, the shape of nanoparticles is also an important physical aspect to determine their antibacterial activity, as seen in Figure 6c. CuO NPs in spherical or rod-like shape yield different effects on both Gram-positive and Gram-negative strains. The shape of the particles can also influence its bioactive mechanisms, as seen in Figure 6d, as differently spherical and sheet-like particles release Cu ions at different rates towards the medium, resulting in different ROS generation. Numerous studies have pointed out that nanoparticles interact with microorganisms in a shape-dependent manner. A higher surface-to-volume nanoparticle ratio is tendentially associated with a higher antibacterial effect²⁴². Not only these, but variations in active facets and crystal planes of the nanoparticles will also influence their produced effects^{243–247}.

The concentration of nanoparticles that microorganisms are exposed to is yet another crucial factor in its antibacterial activity. Similarly to other compounds, nanoparticles act following a specific dose-response relationship. This effect is widespread in regard to type of nanoparticle, being observed in the vast majority of AgNPs and CuNPs reported in literature^{248–252}. This dose-response is oftentimes proved through the Minimal Inhibitory Concentrations (MIC), minimum bactericidal concentrations (MBC) or through inhibition zones.

Other factors such as oxidation state and the colloidal state of the nanoparticles also influence their capacity to produce an inhibitory or bactericidal activity against both Gram-positive and Gram-negative bacteria^{253–255}.

6.2. Interactions With Cell Membranes (Adhesion Mechanisms)

The first interactions nanoparticles have towards bacteria are through their external membranes. These interactions are usually mediated by electrostatic interactions between the negatively charged cell wall and membranes and positively charged nanoparticles. The presence of teichoic acids in Gram-positive bacteria, and lipopolysaccharides (LPS) and outer membrane proteins (OMP) in Gram-negative bacteria provide them with a slight negative surface charge, easing the occurrence of interactions^{256–258}.

Several effects have been reported as consequences from these NP-bacteria interactions: 1) morphological alteration of the membrane structure; 2) alteration of membrane permeability; 3) depolarization of membrane zones mediated through electrostatic interactions; 4) leakage of cytosolic components; and 5) decreased transport activity²⁵⁹. TEM images have been collected showing the morphological effects of AgNPs in bacteria, in which it is possible to verify the leakage of cytosolic components to the outer environment, compromising the normal bacteria functioning²⁶⁰.

Although similar in the occurrence of adhesion, AgNPs and CuNPs might have specific intrinsic mechanisms and affinity towards specific strains of bacterium types. For example, copper has a stronger affinity towards proteins than lipids, so it should favor adhesion in Gram-positive bacteria, due to their higher protein content, more easily disrupting these bacteria²⁶¹. Conversely, AgNPs appear to have a stronger activity towards Gram-negative bacteria, due to the less complex membrane, and to the presence of LPS in its surface, mediating electrostatic NP-bacteria interactions.

Adhesion mechanisms of NPs to bacterial cell walls are complex and depend on the type of bacteria evaluated, however, these play a big primary role in the antibacterial activity of both AgNPs and CuNPs. Once again, a single mechanism cannot be pinpointed as the major contributor towards antibacterial activity, with this activity being resultant from a combination of these behaviors.

6.3. Cell Penetration And Interactions With Cytoplasmic Elements

The second stage of NP-bacteria interaction occurs upon the internalization of the NPs on the cytoplasmic environment. The cytosolic environment is a rich and complex medium in which NPs can interact with a variety of biomolecules. However, before reaching said environment, NPs must transverse the also complex membrane systems of Gram-positive and Gram-negative bacteria. For Gram-negative bacteria, porins have been reported as playing a key role in the internalization of both AgNPs and CuNPs^{262–264}. For Gram-positive bacteria, it is thought that AgNPs can enter the cytosolic space through disruption of the peptidoglycan layer²⁶⁵ and CuNPs also enter through peptidoglycan disruption mediated ROS generation, causing oxidative stress in the unsaturated fatty acids of phospholipids contained in the cellular membrane and triggering the peroxidation of the unsaturated fatty acids also present in the membrane, morphologically altering the membrane^{236,266}.

After internalization, NPs can interact with multiple biomolecules, which can lead to specific mechanisms that contribute to the inhibition of the normal cellular machinery functioning. Through the release of Ag and Cu metal ions and their later accumulation, mismetallation phenomena can occur. For example, Cu²⁺ metal ions can replace the iron in the active centre of Fe/S cluster proteins, impairing the function of this cluster protein, essential for several important cellular mechanisms such as DNA replication, sensing, transcription functions and more²⁶⁷. Ag⁺ metal ions can also bind to thiol groups in active centers of proteins involved in transmembrane ATP generation and ion transport, deactivating them²⁶⁸, or even with ribosomes, leading to their denaturation²⁶⁹.

Both CuNPs and AgNPs can also interact with DNA, causing its degradation and/or denaturation, leading to a loss of genetic cellular material. CuNPs have been reported to be able to degrade double stranded DNA²⁷⁰, similarly to AgNPs which have been reported as being able to cause irreversible damage in DNA, through strand breaks, Ag⁺ interactions with nucleic acids, intercalation of AgNPs in the DNA strand blocking the progress of the transcription machinery, and DNA denaturation and morphological alteration to a more condensed form^{271,272}.

6.4. Reactive Oxygen Species (ROS) Generation

Perhaps the most described mechanism for antibacterial action of nanoparticles is the generation of ROS and the subsequent induction of oxidative stress. The tridimensional arrangement of both Cu and Ag nanoparticles allows for the release of their metal ion

constituents, usually Cu^{2+} and Ag^+ , to the environment. These can take part in a variety of mechanisms that form ROS, such as for example, Haber-Weiss or Fenton-like reactions, in which highly reactive hydroxyl radicals can be generated ($\bullet\text{OH}$). Other ROS such as hydrogen peroxide (H_2O_2), superoxide anion (O_2^-), singlet oxygen and hypochlorous acid (HOCl) have also been reported in literature as a direct consequence of the presence of copper and silver nanoparticles^{232,273}. Multiple studies detail the bioactive mechanisms of ROS generation, not only from an antimicrobial perspective, but also as a significant anticancer agent^{274–276}. As ROS generation can also be modulated through the shape and size of the produced materials, current research in this field is focused on the optimization of the morphological properties of nanoparticles in order to enhance the ROS formation mechanisms.

Regarding AgNPs, the mechanism of antimicrobial activity mediated by ROS production is not yet fully understood. However, it is believed that a combination of factors derived from ROS production occurs in a combined manner to produce inhibitory or bactericidal effects in bacteria. Some of the reported mechanisms involve the binding of Ag^+ metal ions to the bacterial membrane, which allows for an influx of oxygen to the cytosolic environment and a subsequent increase in oxidative stress, which directly impairs the normal functioning of the cellular mechanisms^{277–279}.

The production of ROS, mediated by AgNPs, can directly affect membrane lipids, proteins and DNA, causing macromolecular oxidation phenomena, and the disruption of normal cell functions. This process is associated with the disruption of the electronic transport chain and a significant increase in oxidative stress, evident through the variation in levels of reactive nitrogen intermediates (RNI), and the reduction of glutathione to its oxidized form of glutathione disulfide. The combination of these mechanisms provides a combined approach that joins both cytotoxic and genotoxic effects, resulting in a combined antibacterial method. These mechanisms are also effective against antibiotic-resistant bacterial strains and aid in the hindering of the propagation of resistance mechanisms. As ROS have a wide variety of targets, it is harder for bacteria to develop resistance mechanisms that are effective against all these, thus slowing the propagation of novel resistance mechanisms²⁸⁰.

Similarly to what is reported in literature for AgNPs, CuNPs can also produce antibacterial activity through the production of ROS. Once again, these mechanisms are

not fully clarified and understood, however several approaches have been proposed in literature²³¹. A proposed mechanism, like what was already explained for AgNPs, is through the oscillation between oxidative states, producing $O_2^{\bullet-}$ and $OH^{\bullet}$ which can lead to lipid peroxidation, DNA, and protein oxidation.

Another reported mechanism for CuNPs mediated ROS generation is through the corrosion of the metallic core of the nanoparticle. This approach is commonly referred to as the “Trojan Horse” approach, in which the nanoparticle is incorporated into the cytosolic environment and only then, produces its inhibitory activity. The natural oxidation of copper can also occur, releasing copper ions to the medium and mediating even more of the production of ROS. Additionally, with an increase in the amount of ROS in the cytosolic medium, it will also increase the oxidation of the nanoparticles, leading to an exponential trend²⁸¹.

7. Antimicrobial Synergetic Effects Of AgCu NPs

Section 6 of this review details specific antimicrobial mechanisms of action mainly derived from Ag and Cu based nanomaterials, as these have been extensively reported in literature. Although not as extensively studied as their monometallic counterparts, AgCu-based nanomaterials tend to present an improved overall antimicrobial activity towards Gram-positive and Gram-negative bacteria²⁸². Additional variables can be taken into account when considering the antimicrobial effects of the bimetallic materials, such as the metal ratios present in them and their specific tridimensional arrangements.

A recurrent trend in regards to Ag:Cu ratios present in the nanomaterials is that a higher Ag percentage tend to perform better than those containing higher Cu percentages, possibly due to the increased release of Ag ions to the medium in nanoalloy materials, with Ag atoms being more easily oxidized in the presence of Cu atoms, subsequently increasing their release to the medium and resulting in a higher antimicrobial profile¹⁵⁸.

Another possible mechanism that justifies the improved antimicrobial profile of the bimetallic nanomaterials is related to a multitarget approach. Biological components, such as enzymes or proteins, that are more susceptible to a single metal will also be affected by the bimetallic material increasing their potential biological targets¹⁶⁰.

Although the release rate of Ag and Cu ions to the medium appears to be one of the major mechanisms of action studied for this type of bimetallic nanomaterials, a combination of

all of the previously referred mechanisms is still in place upon the release of the ions to the medium. Once again, the antimicrobial profile of the material does not correlate with a single mechanism of action, but through a combination of several mechanisms, which can be more or less prevalent, dependent on the biological context^{283–285}.

Further studies must be performed in understanding the proper mechanisms for the release of the metal ions to the medium, which appear to be dependent on the morphological characteristics and tridimensional arrangement of the nanomaterial, but also in understanding the direct biological implications that this release will have on a cellular environment, whether in a eukaryotic or prokaryotic cell. Through these, a further optimization of the synthetic protocols can be performed to increase the antimicrobial profile of these materials. Regardless, a clear trend is demonstrated in literature, determining that the bimetallic nanoparticles present an increased antimicrobial profile than their respective monometallic counterparts.

8. Applications Of Nanoparticle Doped-Polymers

The previous points have detailed synthetic strategies for both nanomaterials and polymeric matrixes, as well as the specific antimicrobial mechanisms of action that these materials can present. All of those are of utmost importance to fully understand the potential applications of such materials. Several other reports have already detailed the specific applications of metallic nanoparticles and of their applications in areas as diverse as biosafety, healthcare or dentistry for both silver and copper nanoparticles^{8,34,286–288}, as such, this review will focus on the specific applications of the silver and/or copper nanoparticle-doped polymeric materials.

Through the incorporation of the bioactive nanoparticles onto a solid supported matrix, the applicability of the nanoparticles increases drastically. It allows for the preparation of antimicrobial surfaces or coatings for high-risk areas, food packaging, bioactive clinical materials, amongst others. Below some of these specific applications are detailed, separated by their specific type of application and focusing on the specific bioactive synergetic effect derived from the incorporation of nanoparticles onto these polymeric matrixes.

8.1. Healthcare Applications

Healthcare applications can be widely vast, ranging from direct therapeutic approaches to bioactive surface materials, or even tissue engineering, with effects that might be related to morphological cellular alterations, as it is possible to see in Figure 7a. Through confocal microscopy techniques is clear to see, a significant morphological alteration, when in the presence of the nanocomposite material, leading to cell death²⁸⁹. One of the most vastly reported uses for antimicrobial polymers such as those described in this review is the production of antimicrobial coatings^{290–292}.

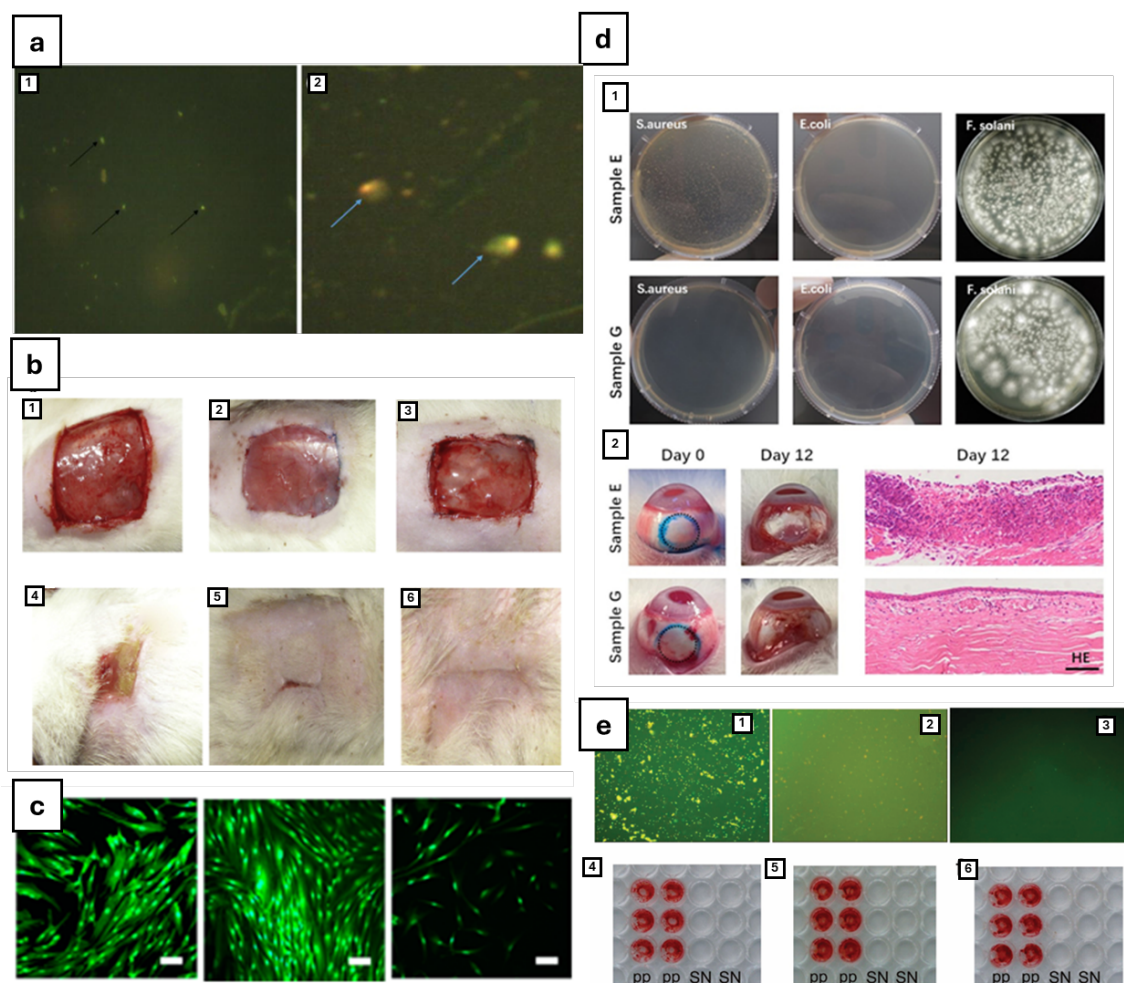


Figure 7. (a) Morphological alterations in the nucleus of Caco-2 cells in the presence of the nanocomposite. Reprinted with permission from ref. ²⁸⁹. Copyright 2022 Elsevier. (b) Wound healing progression at several days of healing in the presence of the silver nanocomposite material. (Day 0) 1,2,3 – wound controls; (Day 16) 4 – control; 5,6 – wound healed in the presence of the nanocomposite materials. Reprinted with permission from ref. ²⁹³. Copyright 2012 Elsevier. (c) Confocal microscopy images of HDF cells treated with AgNPs (right). Reprinted with permission from ref. ²⁹⁴. Copyright 2015 American Chemical Society (d) 1 - Antibacterial activity of the nanocomposites (containing AgNPs) in response to various bacterial strains. 2 - Ocular transplant of the nanocomposites onto the conjunctival defective tissue. Reprinted with permission from ref. ²⁹⁵. Copyright 2023 Elsevier (e) Antimicrobial activity of the nanocomposite material (containing AgNPs) against *S. epidermidis*. Biofilm formation assays. Reprinted with permission from ref. ²⁹⁶. Copyright 2010 American Chemical Society.

One such example is reported by Patil et al²⁹⁷ in which an AgNPs-doped polystyrene with remarkable antimicrobial activity against *Escherichia coli* and *Staphylococcus aureus* was synthesized. It is proposed that this antimicrobial activity might be formed through the generation of free radicals, and interestingly it is modulated also by the film thickness. A thickness of 10-15 nm presented a higher antimicrobial activity than the tested counterpart of only 5 nm. These differences in results might be related to the amount of silver released to the medium, which was determined to be a continuous silver release through at least 3 days of contact. This assay demonstrates the effect that physical characteristics of the produced materials can have on the final application of the material, and furthermore reinforce the need of attention to detail necessary for the synthesis of the materials.

Fuchs et al²⁹⁸ is yet another example of the synthesis of a long-term silver nanoparticle-doped antimicrobial material, usable to produce materials and surfaces in a clinical environment. Once again, the controlled and time-dependent release of silver ions is critical for the antimicrobial activity of the material. This study is also interesting as it proposes another mechanism of action for the silver release, not directly from the polymer to the medium in a more abrupt way, decreasing the overall total amount of silver in the matrix, but through a more gradual dissolution and presence of silver ions in the hydration interface of the polymer to the medium. Through a somewhat conserved presence of silver ions in this interface, a long-term antimicrobial effect can be produced, in a synergistic approach between the nanoparticles and their polymeric counterparts. Additionally, the entrapment of nanoparticles onto a solid supported matrix will also decrease their overall toxicity to humans²⁹⁹, producing a more directed approach to antimicrobial effects.

Through the production of antimicrobial polymeric surfaces, a more direct therapeutic approach can also be taken. Taheri et al²⁹⁴ (Figure 7c) has reported the production of thin plasma polymer films containing silver nanoparticles, that present significant antibacterial activity. However, these films were also tested in regard to their possible generation of inflammatory responses, demonstrating a reduced response. This additional aspect allows for the development of another approach which is the incorporation of these materials into the production or in coating of biomedical devices such as catheters or as wound dressings.

This wound dressing approach is yet another popular healthcare application reported by various authors^{300–304}. To this end is very important to evaluate not only the antimicrobial effects that the polymers produce, but it is as important the evaluation of the non-toxic nature of the material towards mammalian cells as to prevent toxic effects towards humans²⁹⁶. As an example, Arockianathan et al²⁹³ has successfully demonstrated that the presence of nanoparticle doped films has improved healing time patterns. These films were based on alginate and starch monomeric basis and were doped with silver nanoparticles, ensuring not only a biocompatible but also sustainable profile of the polymer. To perform a well-documented evaluation of the wound healing properties of the materials, antibacterial studies were complemented by histological and planimetric evaluations. A complete healing of the wounds was observed in only 16 days in the presence of the polymeric material, when in comparison to the 18 days it took for the wound to fully heal in the control groups as seen in Figure 7b. As such, these results are indicative of the potential of nanoparticle-doped polymeric materials to be used in therapeutic approaches.

These materials have also promise in the tissue engineering viewpoint. One example is the use of AgNPs/Silk peptide (SP) doped PLA films, as reported by Zhang et al²⁹⁵ as they can be modulated to act as conjunctival replacement tissue, with results pointing towards a good transplantation material, with improved antimicrobial activity against *E. coli*, *S. aureus* and *F. solani* as seen in Figure 7d. The presence of silk peptide promotes the overall healing process, with the addition of the AgNPs acting as an additional antibacterial vector in the matrix. In the tissues treated with the AgNPs doped material, no infectious bacterial response was verified, thus corroborating the use of these materials as promising tissue engineering vectors. Additionally, these materials also present promising results in hindering the formation of biofilm structures against strains such as *S. epidermis*, as seen in Figure 7e²⁹⁶.

A drug-delivery approach has also been tested in such polymers, for example through the synthesis of a collagen/chitosan blended polymer doped with not only AgNPs but also ibuprofen for topical application in wounds, both infected and non-infected³⁰⁵ but also the delivery of curcumin to cancer cells, through a curcumin/AgNPs doped modified chitosan polymer²⁸⁹. Sensing probes have also been developed dependent on AgNPs doped polymers specifically for skin cortisol³⁰⁶, as well as UV-Vis light barriers to act as protective membranes to prevent against sun damage^{307,308}. Regardless of these

applications, the basal antimicrobial activity of the polymers is present as constant throughout the materials described. These studies indicate the versatility that nanoparticle doped polymers can have in a clinical setting, easily modulated by the incorporation of additives, whether them being compounds or nanoparticles, in a polymeric matrix.

8.2. Food Related Applications

The antimicrobial activity of polymers mediated through the incorporation of nanoparticles onto their composition has an interesting application in the development of food packaging materials, as reported through various studies³⁰⁹. The inherent antimicrobial properties of these matrixes help in increasing the shelf life of food items, as bacterial proliferation is one of the major causes of food spoilage (Figure 8). Through the control of microorganism proliferation rate, food items will spoil slower, reducing food waste as well as decreasing the probability of consumption of contaminated items. An example might be seen in Figures 8a and 8b, where PLA and blended PLA/MPE films doped with AgNPs were evaluated against their antimicrobial activity, demonstrating a superior bioactive profile than the non-doped polymers tested. Additionally, these films were also employed as food packaging for strawberries, with results pointing to a better conservation than commercial films and non-doped polymers. Strawberries maintained their properties even after 7 days, in a better conservation state than the other tested films. These results are derived from the antimicrobial activity of the AgNPs and the synergetic effects derived from their incorporation onto the polymeric matrix, allowing for a directed application³¹⁰.

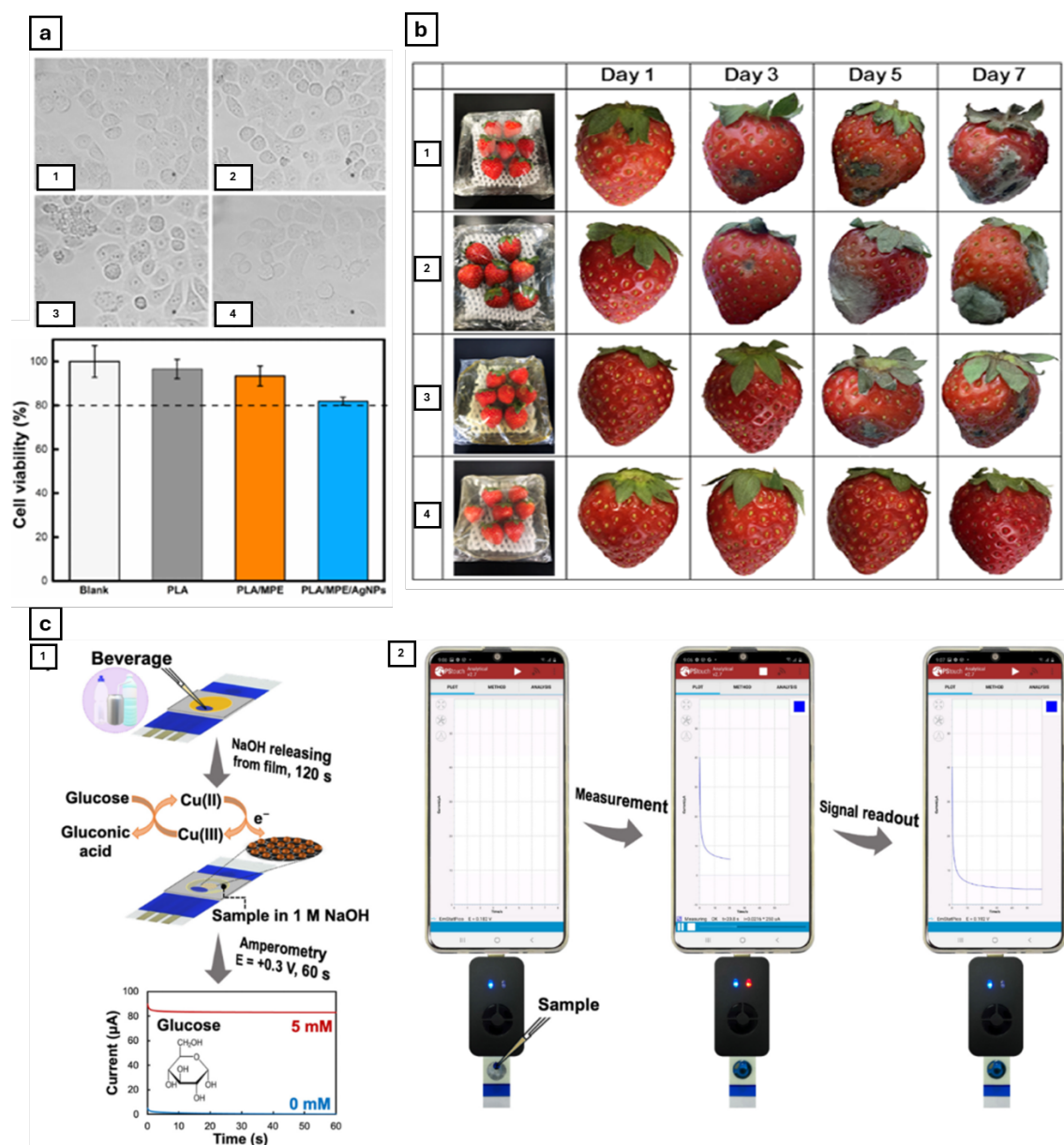


Figure 8. (a) Cell toxicity of the thin films: a – blank; b – PLA film; c – PLA/MPE film; d – PLA/MPE/AgNPs film. (b) Photographs showing the effect of the films on strawberry preservation: (1) PE cling film, (2) PLA film, (3) PLA/MPE film, and (4) PLA/MPE/AgNPs film. Reprinted with permission from ref. ³¹⁰. Copyright 2021 Elsevier (c) Schematic diagram of the glucose detection system (1) and photograph of the measurement procedure based on the one-step glucose sensor (2). Adapted with permission under a Creative Commons CC BY 4.0 from ref. ³¹¹. Copyright 2023 Elsevier.

Regardless of the promise that these materials can demonstrate for this specific application type, the migration of the additives, and most importantly nanoparticles in the matrix towards the food items is an important aspect to consider for these matrixes³¹². These must still allow for the occurrence of antimicrobial activity; however, the release rates must be controlled and should be optimized to be the minimum concentration that can produce a sufficient antimicrobial effect over a long time period³¹³. Food safety

standards are strict with the amounts of materials that can be released to food items in packaging materials, and as such, the produced materials must comply with these regulations. Regardless, through the control of these aspects, several advantages can be derived from the use of nanoparticle-doped polymers as bioactive food packaging materials.

Interestingly, most of the reported polymers to address this issue are based on biocompatible monomeric units such as polylactic acid³¹⁰, chitosan^{314,315}, gelatin^{316,317}, agar¹⁸⁴, PVA^{318,319} or even cellulose³²⁰. Overall, all these matrixes present a significant inherent antimicrobial activity that can be extrapolated towards a bio-functional food packaging material. Other, blended materials have also been reported through combination of various polymeric materials, increasing their mechanical properties such as water permeability or tensile strength. Blends such as PVA/starch/glycerol³²¹, gelatin/cellulose³²², chitosan/pectin³²³ or even PVA/Montmorillonite/Starch³²⁴.

In another approach, the development of food related sensors has also been reported using polymeric materials doped with nanoparticles. For example, Yarynka et al³²⁵ has developed a sensor to determine the presence of zearalenone, a fungus-produced mycotoxin that can threaten human health, particularly in young children. For determining the presence of this toxin in flour samples, a nanoparticle doped molecular imprinted polymer (MIP) was developed, through a radical polymerization technique. This material was designed to specifically determine the presence of the toxin selectively with a limit of detection (LOD) of 5 ng/mL and a linear range of quantification from 5 ng/mL to 25 µg/mL, allowing for an accurate toxin quantification. Preechasedkit et al³¹¹ has also developed a nanoparticle-doped polymeric material containing copper nanoparticles to allow for the determination of glucose levels in food items. This technique is meant to act as a confirmation tool to quickly and easily corroborate the glucose levels described in the food labels of beverages and a detailed overview of the process is detailed in Figure 8c. This matrix was composed of a NaOH/PVA/PEO blended matrix doped with CuNPs and allows for the glucose detection based on a smartphone-based potentiostatic measurement, with a LOD of 0.06 µM and a linear range of detection of 0.01 to 7 mM.

8.3. Others

Other approaches have also been reported for nanoparticle-doped polymers, such as those reported in this review. A brief listing of those applications is reported here to demonstrate further the potential of these materials to a variety of applications, not only related to a biological viewpoint, but also in more industrial applications.

These can be as varied as the use of multi-layered polymeric material doped with AgNPs to be used as an electronic tongue, that allows for the differentiation between the basic flavors through impedance measurements³²⁶. Another interesting strategy include the use of nanoparticle-doped polymers as flexible electronic devices^{327–329}, for thermal sensitive applications³³⁰, as enhancers of photostability of electronic devices³³¹ and of electric conductivity³³², as heat insulator materials³³³, or even as shields against electromagnetic interference³³⁴.

Environmental applications have also been developed and are well reported in literature, from hydrogen sulfide gas³³⁵ or universal Hg³³⁶. sensors to photocatalytic materials with significant antimicrobial activity³³⁷ or even materials for the removal of organic dyes³³⁸ and drugs³³⁹ using photo-oxidation mediated by AgNPs doped polymers or even desalinization materials³⁴⁰.

9. Future Perspectives

Metallic nanoparticles, particularly silver, copper and their bimetallic hybrids, have emerged as powerful antimicrobial agents with broad applications to face the rising of antimicrobial resistance. Their ability to disrupt microbial membranes, generate reactive oxygen species, and interfere with cellular machinery positions them as promising tools in both therapeutic and preventive domains. When embedded within polymeric matrices, these nanoparticles gain enhanced mechanical stability, sustained release profiles, and improved usability across diverse environments, from clinical settings to food safety applications.

This review summarizes the major synthetic routes for silver (AgNPs), copper (CuNPs), and silver-copper (AgCuNPs) nanoparticles, highlighting the methods used to incorporate these nanomaterials into polymeric matrices. These approaches enable the production of homogeneous, well-dispersed materials with a wide range of applications, from healthcare to industrial uses. A key advantage of such materials is the ease with which their properties can be modulated to suit specific applications. By ensuring compatibility

between nanoparticles and the monomeric components of polymeric matrices, multiple combinations can be optimized for targeted outcomes. Among the various applications, the antimicrobial effects of these materials are of particular interest. These nanoparticles demonstrate significant activity against a broad spectrum of microorganisms, especially pathogenic bacteria, which remains a focal point in the ongoing research. However, while the antimicrobial properties of AgNPs, CuNPs, and AgCuNPs are well-documented, further studies are essential to fully understand their mechanisms of action and the interactions with polymeric matrices.

Despite the promising antimicrobial activity, key challenges, such as scaling up production, ensuring biocompatibility, long-term stability and cytotoxicity, must be addressed to fully realize their potential and safely integrate them into real-world applications. The absence of unified regulatory guidelines for nanoparticle-doped polymers complicates their placement in healthcare and consumer products.

Further studies are also required to assess the impact of these materials on mammalian cells to ensure their safety for use in specific applications and their potential human impact. Moreover, while various synthesis routes, such as chemical, physical, and biological, allow for the flexible fabrication of nanoparticles, the choice of method significantly influences their size, morphology, and functional performance.

The next generation of antimicrobial nanocomposites will be defined not only by efficacy, but also by intelligence, sustainability, and translational readiness. Among the most promising directions is the rational design of bimetallic nanoparticles, particularly AgCu systems, with controlled architectures (e.g., core-shell, alloy, Janus) that control synergistic effects and enable tunable ion release. Fine control over particle size, shape, crystallinity, and metal ratios will allow researchers to optimize antimicrobial potency while minimizing off-target toxicity. To this end, the implementation of advanced synthetic approaches such as flow chemistry, microwave-assisted methods, and bioinspired green synthesis will be pivotal in achieving reproducibility, scalability, and environmental liability.

Future research should prioritize the integration of these nanoparticles into biodegradable and biocompatible polymer matrices, creating functional materials capable of degrading safely after use. Additionally, rigorous *in vivo* and long-term studies are needed to evaluate biodistribution, biodegradation, and potential immunogenicity, particularly for

medical and food-contact applications. Such efforts are vital to unlocking the translational potential of these nanocomposites as the next-generation antimicrobial materials for a wide array of real-world applications in healthcare, industry, and beyond. With continued optimization and mechanistic insight, these systems may offer safer and more effective tools to combat microbial threats.

Another major frontier lies in the development of multifunctional and stimuli-responsive nanocomposites. By incorporating elements such as pathogen-responsive triggers, pH- or temperature-sensitive release mechanisms, or colorimetric indicators, these materials can evolve from passive barriers to active, intelligent systems. Their application in chronic wound care, implantable medical devices, or smart packaging could revolutionize how antimicrobial protection is delivered and monitored. Furthermore, expanding their functional versatility to include antiviral, antifungal, or even anti-inflammatory properties could enhance their utility in addressing broader public health challenges.

Equally critical is the establishment of robust regulatory and safety frameworks. Despite encouraging in vitro results, the absence of standardized toxicological and environmental evaluations limits the path to commercialization. Developing harmonized international protocols for assessing nanoparticle-polymer systems, covering ecotoxicity, occupational exposure, and long-term human health effects, will be essential to ensure both efficacy and public safety.

Finally, the integration of artificial intelligence (AI) and machine learning (ML) into nanomaterial discovery holds transformative potential. Predictive models informed by experimental and computational datasets can update the design of materials with optimized performance and safety profiles.

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The manuscript was written through contributions of all authors. All authors have given approval to the final version of the manuscript.

Notes

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ABBREVIATIONS

AgCu NPs, silver copper nanoparticles; AgNPs, silver nanoparticles; AMR, antimicrobial resistance; CTAB, cetyltrimethylammonium bromide; CuNPs, copper nanoparticles; GMP – Good Manufacturing Practices; LED, light emitting diode; LOD, limit of detection; LPS, lipopolysaccharides; LSPR, localized surface plasmon resonance; MIP, molecular imprinted polymer; OMP, outer membrane proteins; PEG, polyethylene glycol;

PLA, pulsed layer ablation; PLD, pulsed later deposition; PMMA, poly methyl methacrylate; PPL, pulsed plasma in liquid; PVA, polyvinyl alcohol; PVD, physical vapour deposition; PVDF, polyvinylidene fluoride; PVP, polyvinylpyrrolidone; RNI, reactive nitrogen species; ROS, reactive oxygen species; TEM, transmission electron microscopy; USP, ultrasonic spray pyrolysis; UV, ultraviolet.

VOCABULARY

1. Antimicrobial Resistance (AMR) – is a natural selection process in which microorganisms evolve to evade or withstand the bioactive effects of antimicrobial agents as antibiotics, antifungals, etc. This process became a public health issue due to the exponential growth of resistance mechanisms exacerbated by excessive exposure to these antimicrobial agents.
2. Nanoparticles (NPs) - are materials with dimensions between 1 and 100 nm, which exhibit specific physical, chemical and bioactive properties, different from those presented by the bulk materials.
3. Silver Nanoparticles (AgNPs) – are metallic nanoparticles composed of silver that exhibit significant broad spectrum antimicrobial properties. These particles can act through various mechanisms such as by formation of reactive oxygen species, inhibition of DNA replication, amongst others.
4. Copper Nanoparticles (CuNPs) – are metallic nanoparticles composed of copper which present significant bioactive and catalytic properties. CuNPs can have a significant broad spectrum antimicrobial activity.
5. Silver-Copper Bimetallic Nanoparticles (AgCu NPs) – are nanoparticles composed of both silver and copper with enhanced stability and bioactivity from their single metal counterparts. These particles yield synergetic effects from the combination of both metals, improving the overall efficacy of the nanoparticles.
6. Polymeric matrix – a structural tridimensional mesh composed of natural or synthetic polymers in which compounds or nanoparticles can be doped into. This integration enables the production of smart, bioactive materials which enable their application in a variety of areas.

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