The influence of off-screen landmarks on user orientation

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The influence of off-screen landmarks on user orientation

by

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DECLARATION

This document describes work undertaken as part of a program of study at the University on Muenster. All view and opinion expressed therein remain the sole responsibility of the author, and do not necessarily those of the university.

I declare that this thesis entitled “The influence of off-screen landmarks on user orientation” is the result of my own research except as cited in the references. The thesis has not been accepted for any degree and is not concurrently submitted in candidature of any other degree.

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Date: 28 February 2014
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MAP
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Maps displayed on hand held devices, such as smartphones; provide limited visibility due to their small screen display. In order to overcome display limitations, researchers have developed new techniques that point users to objects and landmarks located off-screen, which is known as an "off-screen interface". Since this is a new type of map interface, there is little information regarding the effect it has on the user’s perception of the environment and spatial orientation abilities.

This thesis investigates the relationship of a map display to the user's orientation in the environment. A field experiment was conducted in an urban environment, where twenty-four participants were individually guided along an unfamiliar route. All participants were provided with a map displayed on a smartphone, whereas only half were additionally equipped with the off-screen interface. Tasks involving user's orientation knowledge were performed along the route and at the end point. In addition, user's interaction with the map was monitored. Results were compared between the two interface groups and individual difference, such as gender and sense of direction abilities, were taken into account.

The results do not indicate a significant difference between the two interfaces in relocation to orientation abilities. However, considerable differences among the interface groups were found with relation to gender and senses of direction. Moreover, a significant difference was found between groups in relation to user-map interaction.

Based on the results of this study, a relation between the off-screen map interface and its user’s orientation abilities can be observed.
CHAPTER I
INTRODUCTION

Maps are an important tool for human orientation in the environment. They provide a representation of an environment by showing different features and their spatial relations. This is significant since this information is usually not available from in situ perception (Montello et al., 2004). Together with personal presence in the environment, maps help develop a mental representation known as a “cognitive map” (Tversky, 1993).

The term cognitive map was introduced by Edward Tolman in 1949 to describe the internal representations of space. In 1975, Siegel and White distinguished three types of knowledge involved in forming a cognitive map (Siegel & White, 1975): Landmark knowledge – memory of distinctive objects and/or views within the environment that serve as points of reference. As landmarks can be viewed and remembered, they are used in cognitive representations as anchor points (Winter et al., 2008). Route knowledge – memory of procedural linking of landmarks, including order, inter-landmark distances, and required actions. Survey knowledge – memory in which landmark and route knowledge is integrated into a configurationally map-like whole.

It is important to understand the concept of the cognitive map when providing spatial information. The map is a source of communication between the information provider and the information receiver. Therefore, the cartographer or service provider must understand how to present information. Maps vary depending on their requirements and the users' demand, but always share a common role: providing spatial information.

With technology's improvement and the change in users' demands, some maps have been evolving in size and shape to meet personal demands.
For many people, paper maps have been replaced with digital maps of which some are integrated into hardware devices such as smartphones, Tablets PC’s, Notebooks etc.. Among American adults, smartphone ownership has risen from 35% in 2011 to 46% in 2012( Zickuhr, 11/5/2012). As of 2013 the smartphones’ screen side ranged from 2 - 6.5 inches (Bonnington, 11/4/13). There is no common definition of size for a small screen. In this paper “small screen map” is defined as a map projected on a hand held device such as a smartphone. The change from large paper maps to a smaller digital screen has changed users’ visualization of the map. The display changes the limits of map visualization and requires users to zoom and pan (map scrolling) in order to get a prospection on the environment. This means that in order to view the greater environment, the user must zoom out to a small scale. Once viewing the map on a smaller scale, important information is lost, which requires the user to move back to the large scale (zoom in). The result is that the user comprehends the map in parts and never as an understandable whole (Skundergard et al., 2012).

Several studies have reported negative effects on users’ orientation abilities when using a small screen map (Münzer et al., 2006; Willis et al., 2009; Ishikawa, 2008). A study of map visualization on different scales in which maps were only presented in parts has reported hindered performance with respect to accuracy of orientation performance (Dillemuth, 2009).

The understanding of the visualization limitation when projecting a map on a small screen has encouraged developers to design a map interface that will overcome size limitations (Bederson et al., 1994). This paper presents an interface that addresses visualization limitation using “off-screen landmarks”. The off-screen interface presents icons of landmarks on the side of the screen providing direction and distance to the location. This interface was designed based on the approach that landmarks presented on a map are essential for the development of the cognitive map and users’ spatial
orientation in the environment. The interface provides a possibility to view a map on a large scale (zoomed in) and at the same time, have a perception of the surrounding landmarks. Several off-screen interfaces have shown positive results in relation to way finding and the users’ perception of further landmarks (Gustafson, 2008; Baudisch & Rosenholtz, 2003). The developers of these interfaces provide information regarding their effect when used for navigation and user interaction with the map, but have not studied their effects on user's orientation in the environment. Furthermore, there is a lack of information regarding the interface effects on individual differences such as gender and personal sense of direction.

In order to examine the effect of the off-screen interface on the user's orientation abilities, a field experiment was conducted. The experiment consisted of tasks that tested users’ orientation in the environment, mental representation of an area, and interaction with the map. Two map interfaces were developed for this experiment and smartphones were used to project them. The first map interface consisted of a map with icons presenting landmarks in the environment. The second interface consisted of the same display, but included an additional off-screen interface. The results of this study provide information regarding the off-screen interface indolence on the user's spatial orientation and the presentation of the environment. Results are examined in relation to individual properties such as gender and sense of direction abilities. The findings of this experiment can be used for future research and development of interfaces on small screen maps.
Orientation

Cognitive map
Over a century has passed since the human sense of direction was described by Darwin in scientific literature (Hegarty et al., 2006). Having a sense of direction has been associated with the ability to discriminate fine-grained environmental cues, strategies for learning a route, and memories of locations, which together create a cognitive map (Cornell et al., 2003).

The term Cognitive map was introduced by Edward Tolman in 1949 to describe the internal representations of space. Tolman (1949) presented a theory of cognition which stated that our behavior is not determined only by a stimulus response model, popular at the time, but that the spatial knowledge we receive is regulated and integrated into our knowledge base. Sixty-five years later, the term is found in disciplines ranging from psychology and geography to computer science.

In 1975, Siegel and White distinguished three types of knowledge involved in forming a cognitive map (Siegel & White, 1975):

- **Landmark** knowledge – memory of distinctive objects and/or views within the environment that serve as points of reference. Since landmarks can be viewed and remembered, they are used in cognitive representations of space as anchor points (Winter et al., 2008)
- **Route** knowledge – memory of procedural linking of landmarks, including order, inter-landmark distances, and required actions.
- **Survey** knowledge – memory in which landmark and route knowledge is integrated into a configurational map-like whole. Individuals with
strong survey knowledge of an area are able to accurately estimate straight-line directions and distances to unseen locations, and plan routes between places which have not been visited before.

A cognitive map differs from a "true" map of the environment. As maps, cognitive maps reflect spatial relations among elements in the environment. As mental constructs, cognitive maps are presumed to be like real maps, which according to the classical view of mental imagery, are internalized perceptions (Tversky, 1993).

In relation to Navigation, studies by Cornell and colleagues (2003) on human and animal navigation have identified methods of Navigation that rely on landmark and route recognition and use of survey knowledge. It appears that humans are capable of a variety of methods of wayfinding, depending on information provided (Cornell & Heth, 2000). The individual’s sense of direction could be important to all of these methods. For example, a person with a good sense of direction may be better able to look for areas likely to contain landmarks and can use that information to direct actions at intersections on routes. People with a good sense of direction should be able to accurately orient their mental representation of a configuration of landmarks by the information that is provided (Allen, 1999).

**Landmarks**

Lynch (1960) defines landmarks as external points of reference: points that are not part of a route or of the travel network itself.

Winter (2008) defines landmarks as cognitive anchors of the learned environment assumed to be shared with others. When providing or asking for directions, landmarks are commonly used to share spatial information. There is evidence of a hierarchical structure in cognitive spatial representations (Stevens & Coupe, 1978; Hirtle & Jonides, 1985), from which one can infer a
hierarchical system of landmarks. The use of landmarks is subject to the users' understanding and the person to whom information is being provided. Therefore, a hierarchy is based on the route, place description, and the person that information is provided to (Plumert et al., 1995; Nothegger, 2004). Distinguishing landmarks is associated with contents of the users' choice; an example would be deciding to use a statue or a street intersection as a landmark.

**Individual differences**

There has been a long tradition of research on the measurement and classification of individual differences in spatial abilities (Lawton, 1994). These differences are correlated to gender, age, environment, culture etc. (Kato & Takeuchi, 2003; Chen., at el, 2009). When addressing individual differences, two distinct concepts are often confused: *spatial ability* and *spatial orientation* (Coluccia, 2004). Spatial ability generally refers to the ability to generate, represent, transform, and recall spatial information (Linn & Petersen, 1985). Spatial orientation is the ability to combine all skills used for locating oneself with respect to a point of reference or an absolute system of coordinates (Woollett & Maguire, 2010).

Gender differences in spatial abilities are considered among the largest gender differences in all cognitive abilities (Lawton & Morrin, 1999). In traditional tests of basic spatial abilities, males perform better than females; however, the size of this effect changes depending on the type of the spatial ability measured (Coluccia & Louse, 2004). Concerning spatial orientation, mixed results have been obtained (Lawton & Morrin, 1999).

Hegarty et al. (2006) pointed out that individual differences strongly depend on the scale of the task. They studied individual differences depending on two spatial scales: (1) Small-scale tasks consisting of cognitive analyzing tasks
(see Hegarty et al., 2006) and psychometric tests (mental rotation of shapes and solving mazes.), and (2) large scale tasks representing the “environment”. Environmental spatial tasks include learning the layout of new environments, such as buildings or cities, navigation in known environments, and giving and interpreting verbal navigation directions. A small correlation of spatial abilities was found between the two scales, meaning that abilities on one scale do not reflect on abilities of the other. Given that, large individual abilities regarding the environmental scale were found, presenting strong differences in spatial abilities depending on the individual.

The free dictionary describes the sense of direction (SOD) as “An awareness of your orientation in space”. Since this is a personal perception it is subject to individual differences (thefreedictionary, 2014). Personal mental representations of the environment are subjects of interpretation of the survey knowledge and working memory (Hund & Nazarczuk, 2009). Survey knowledge is an individual understanding and personal perception of location and objects. Sholl (1996) described this as the knowledge development from self-to-object relations to object-to-object relations. People with a good and poor SOD may differ in the processing of information and in working memory which in turn may affect the nature of acquired mental representations. Egocentric frames of reference specify locations with respect to the body (e.g., front-back-left-right), and allocentric frames of reference define spatial relations with respect to external objects or cardinal directions (Klatzky, 1998). It is important to understand that representations are directly related to the viewer’s position and perception to other objects in the environment.
Maps

Digital maps
Maps are an essential tool for self-orientation and navigation in an environment (Skundergard, 2012). A map provides a representation of an environment that may be larger than the area of the user’s immediate perception or of a farther location. By showing the features of an environment and their spatial relationships with one another, a map can assist a user in developing a cognitive map (Tversky, 1993).

With increased user demands and technology improvements, maps have constantly been evolving. Today, maps have been integrated into hand-held mobile devices, such as smartphones, and are easily accessible to the average user. Smartphones are commonly used and ownership has been on an increasing rise. In fact, among American adults, smartphone ownership has risen from 35% in 2011 to 46% in 2012. (Zickuhr, 11/5/2012). This means that the overall population of U.S. adults has constant access to digital maps.

Small screen maps
Technology has made it possible to use maps on mobile devices. Unfortunately, the small screen of mobile devices has limited visibility as compared to the use of a desktop screen or paper maps (Burigat & Chittaro, 2011; Münzer et al., 2006). When information is displayed on a large scale, users obtain an overview but lose details. By zooming-in, users may obtain needed details, but lose direct visual access to content that falls outside the view area. If essential objects of interest fall in the off-screen region, users would have to pan and zoom in order to view them.

Ishikawa (2008) conducted an experiment that compared wayfinding using a small screen digital map (with GPS) with the use of a paper map. Participants
using digital maps traveled more slowly, made larger direction errors and drew sketch maps with poorer topological accuracy. Ishikawa (2008) claims that the map size can be a major obstacle and raises the question: “How much surrounding area needs to be covered by a map so that it works as a map or fulfills its advantage of conveying the layout information about the space?”

Dillemuth (2005) studied the effect of visualization of a map in different scales. In this experiment, participants answered distance and direction questions in one of four viewable-extent conditions, ranging from 10% to 100% of the map viewable at a time. Map-use results showed that small viewable extents hindered performance with respect to accuracy and response time but had no effect on participants’ confidence in their performance on the navigation tasks. Tests of spatial knowledge acquisition showed differences across conditions for recall tasks, but a sketch-map analysis revealed no differences based on viewable extent.

An experiment conducted by Willis et al. (2009) compared two groups of participants: those who had learned the environment from a paper map and those who had learned it using a mobile map. The results show that there are differences in the spatial knowledge acquired, and that mobile map users performed worse than map users on route distance estimation.

Several visualization techniques have been proposed for viewing large documents such as maps with limited screen resources (Burigat & Chittaro, 2011; Baudisch & Rosenholtz, 2003). Multi-window arrangements, such as overview-plus-detail visualizations (Bederson & Hollan 1994), simultaneously display multiple views of the same map. However, the different scales of the individual views make it more difficult for users to integrate map information
into a single consistent spatial mental model and require users to spend additional time reorienting when switching between views (Willis, 2009). Different contextual cue techniques (off-screen landmarks) are being tested in order to overcome visualization limitation on small screens (Burigat & Chittaro, 2011).

**Off-screen landmarks**

Map visualization has changed with the decrease of display size. Evidence of a negative effect on one’s orientation ability’s has encouraged map developers and cartographers to overcome some of the problems caused by the visualization reduction (Cox, 1998; Burigat & Chittaro 2011; Baudisch & Rosenholtz, 2003). This has called for a new map interface design. One approach are off-screen landmarks that will be presented in this chapter.

**Approach**
The off-screen interface presents icons of landmarks on the side of the screen providing direction and distance to the location. This allows the user to maintain the visualization on a large scale (when zoomed in), and simultaneously retain information that is only presented on a small scale (zooming out to see the greater area). The interface aims to keep the user in a large scale and simultaneously adds features that are found only when looking at small scale maps.
Related work

In the following section two off-screen interfaces are presented with a short overview.

1. Halo (Baudisch & Rosenholtz, 2003)
This interface addresses the visualization problem by overlaying the display window with translucent arcs indicating the location of a landmark. Each arc is part of a circular ring that surrounds one of the off-screen locations (see Figure 1). Although the arc is only a small fragment of the ring, its curvature contains all the information required for locating the ring center, which is where the off-screen object is located. When comparing to the arrow interface (arrows pointing to direction of landmark), the Halo users completed tasks 16-33% faster, while there were no significant differences in error of directions. In this report, all tasks were related to navigation, wayfinding and user-interface interaction.

2. Wedge (Gustafson et al., 2008)
Wedge is a visualization interface that conveys direction and distance, yet avoids overlap and clutter. Wedge represents each off-screen location using an acute isosceles triangle: the tip coincides with the off-screen locations and the two corners are located onscreen. A wedge conveys location awareness primarily by means of its two legs pointing towards the target. Evaluation of this off-screen technique was done by comparing it to the previous off-screen method- Halo. While tasks tested on this interface were similar to the ones tested in the Halo report, they address the user’s interaction with the map. Tasks of user’s orientation abilities were not measured, therefor, no information regarding the impact the interface has on user’s orientation in a new environment.
Figure 1: Halo interface vs, Wedge interface.

(a) Halo interface presented on the left. (b) Wedge interface on the right
Research question
Visualization limitations due to small screen maps have been the subject of much research. The off-screen research is aimed towards the users’ interaction with the map and addresses navigation and wayfinding topics. However, the influences on the user’s spatial orientation and development of a cognitive map has not been properly addressed.

To this end, I have embarked on this research project. The main questions I asked were:

1. Are there differences in spatial orientation (such as estimation of distance and direction) when off-screen landmarks are displayed?
2. Can using off-screen landmarks improve the development of a cognitive map?
3. Is there a reduction of zooming and scrolling on digital map screens when off-screen landmarks are displayed?
CHAPTER III
METHOD

In order to investigate the effectiveness of spatial orientation in the use of off-screen interfaces, an experiment was designed that tested the map interface in a real-world environment. The present study aims to investigate differences between a regular digital map and a map equipped with an off-screen interface. Several tasks were included in the experiment to identify differences in self-orientation in a real environment, interaction with the map, and representation of a cognitive map.

Participants

Twenty-four university students (11 men and 13 women) participated in this experiment ages 19-33 (m=24.9). All participates were undergrad to PhD's students, from different departments at the University of Muenster, Germany (WWU).

Participants were recruited with the help of social networks such as Facebook and Couchsurfing and volunteered to participate for free. Google doc was used for registration and for providing additional information. Among the people who signed up for the experiment, only those subjects were selected who indicated on a screening questionnaire that they were not familiar with the study area.
Materials

Bicycle
Using a bicycle it is possible to be exposed to a large area in short amount of time. This provides an opportunity to use real landmarks that are spread out among a neighborhood and have participants match landmarks from map to the real landmarks in the environment. Muenster is a bike friendly city and has been called the bicycle city of Germany (Muenster, 2013). This provides an opportunity to operate with little distractions and, within a safe environment. Participants used their personal bikes and if stated that they did not own one, a “Holland bike” which is easy to operate was provided.

Digital maps- smart phone
An Android HTC wildfire smart phone equipped with an 8.1 centimeter display (see figure 2) was used to project a digital map on a small-screen. It should be noted that this is a touch-screen phone and all operations were made with the touch of a finger. A map interface was installed on the phone, and was the only map participants used. Before starting the experiment, each participant was given time to familiarize him or herself with the software and ask questions if needed. During the experiment there were no complains concerning interaction with the map.
Software

A custom made map interface was created to fit the specific requirements. The interface was written in Java language and used Open Street Map (IPO) as a base map. This map an interface has two settings: The first is an on-screen interface, displays a map with icons representing landmarks in the environment. The second, the off-screen interface, is similar but in addition, icons that would have only been visual on a smaller scale (zoomed out) appear on the edges of the display. This means that the user could view the map in a large scale (zoom in) and still hold the benefit of the small scale by seeing the direction of the further landmark (see Figure 2). It should be noted that no GPS location information appeared on the map. Since this study aims to examine one’s orientation abilities, providing GPS location would defy the research purpose.
Landmark icons

All icons were designed to fit the screen without interfering with the map display. Weight was given to off-screen landmarks icons depending on the distance from the center of the screen to insure that closer landmarks did not overlapped further ones. Icons used in the map interface were either photos taken from street level, commercial logos, or universally understood icons (see Table 1).

Table 1- Icon used in map interface

<table>
<thead>
<tr>
<th>Picture</th>
<th>Logo of company</th>
<th>Universal icon</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1.png" alt="Icon1" /></td>
<td><img src="image2.png" alt="DB" /></td>
<td><img src="image3.png" alt="H" /></td>
</tr>
<tr>
<td><img src="image4.png" alt="Icon2" /></td>
<td><img src="image5.png" alt="Logo" /></td>
<td><img src="image6.png" alt="Anchor" /></td>
</tr>
</tbody>
</table>

In order to distinguish between on-screen and off-screen landmarks, the off-screen landmarks were presented on the side of the screen with a black frame (see Table 2). This prevents the user from misinterpreting the true location of the landmarks.

Table 2- Distinguishing the off-screen landmarks

<table>
<thead>
<tr>
<th>On-screen LM icon</th>
<th>Off-screen LM icon</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image7.png" alt="Icon" /></td>
<td><img src="image8.png" alt="FrameIcon" /></td>
</tr>
</tbody>
</table>

En example of the two types of icons
Zoom levels
An option of three zoom levels was provided: (1) A small scale level, which allowed an observation of the street names, (2) a middle scale zoom providing a view of the streets and nearby landmarks, and (3) a large scale zoom which provided an opportunity to view landmarks that were further away, e.g. the air-port.

Phone log
An operation log was added to the software. It recorded the users’ zooming and panning during the experiment providing a useful indicator of the actions made. This log was not visible to the users.

Environment
Due to the fact that the aim was to investigate the cognitive map, it was important that the environment would be unfamiliar to the subjects so that no previous knowledge would interfere with the results. Only participants who indicated on a screening questionnaire that they were not familiar with the study location were selected. The area is free of high-rise buildings and the trees were leafless since the experiment was conducted during the month of December. These conditions enabled us to conduct an experiment with a good visibility.
Participants were students, therefore a non-student neighborhood was chosen. It should be noted that a distance consideration was taken since subjects were commuting with bikes. The chosen location needed to be within bike ride distance from the city center. Some familiar streets bordered the study area.
In order to eliminate interferences that could be caused due to the chosen route, four separate routes (mean= 2.5 km) with a mean of 10 major turns were used in this experiment (see map 1). On the different routes some, but
not all landmarks could be observed. Routes did not start and end at the same point.

Map 1- Routes used in experiment. **Blue** stars indicate starting point, **Green** stars an end point. **Green** triangles represent stopping points to view the map. **Blue** arrows indicate task point. Red lines show the route followed.
Procedure

Participants were met at a set location which was not part of the study area. After explanation of the experimental procedures, time was given to become familiar with the map interface. Once ready, the experimenter and the participant went to the starting point together where participants located themselves on the map. Traveling by bicycle, a stop was made every few hundred meters in order to let participants look at their map and self-orientate.

In this experiment, three orientation tasks were performed at different locations depending on the route (see map 1). The order of the tasks was the same for all four routes. At the end of the route, sketch map and Icon map tasks were completed. Following the experiment, the Santa Barbra Sense Of Direction Scale (SBSOD) was sent via email and completed through a Google form.

It should be noted that between stops, the smartphones containing the maps were kept in the participants’ pockets in order to allow participants to observe their surroundings and concentrate on riding their bikes.
Tasks

Direction and distance

Pointing accuracy is often used as a measure of environmental orientation (Montello & Pick, 1993). The requirements of the task were pointing to the direction followed by direction estimation of a landmark.

Task 1 - Direction and distance to starting point
Task 2 - Direction and distance to four listed landmarks depending on route used.
Task 3 - Direction and distance of all recalled landmarks

Recording of the pointing and distance estimates was done by using a sketch box (see figure 3). Participants were asked to place themselves in the center of the table and draw a line in the direction of the landmarks followed by estimation of distance. For all tasks participants were facing north. Pointing answers were converted to error scores by measuring the difference between the participant’s answer and the actual direction of the landmark. Maximum error scores of 180° could be accomplished in either direction. The final pointing score was of the mean error score of all tasks. (Hund & Nazarczuk, 2009). After each task, participants were allowed to look at the maps.
Map icon
As a measure of survey knowledge, participants were asked to place landmark icons from a provided list onto a map. A similar method was used by Coluccia., et al, (2007) researching the relationship between map drawing and spatial orientation abilities. The map presented in this task was similar to the one projected on the smartphone map, but did not include the icons. The map is shown in two different scales, large and small (seen in appendix C). The large scale represents the direct study area where streets were visible and the route used was easy to distinguish. The smaller scale allowed users to place further landmarks (e.g. Airport and power plant).

Of the 17 icons provided in the icons list, four were “fake”. Fake icons were added in order to provide prospective of survey knowledge (Coluccia et al., 2007). Two points were given for positioning an icon within a diameter of 1 cm of the true position. One point was given for positions within the diameter of a diameter of 2 cm. The use of fake icons led to the deduction of a point.
Sketch map

Inspired by Friedman and Kohler (2003), a task of map sketching was used. Participants were asked to draw the route they followed on a blank A4 sheet of paper and add landmarks as reference points.

The Gardony Map Drawing Analyzer (GMDA; Gardony et al., 2013) is a software used for analyzing hand-drawn sketch maps of environments. This software compares the locations of landmarks on the sketch map to the Cartesian coordinates of the target environment. Turns along the route were marked and compared by distance and angle to the original turns on the route. This provided an error measure of angle and distance. (see figure 4)

\[
\text{Distance Accuracy} = 1 - \frac{\sum |\text{Observed Distance} - \text{Actual Distance}|}{\left( \frac{n \text{ of observed landmarks}}{2} \right)}
\]

\[
\text{Angle Accuracy} = 1 - \frac{\sum |\text{Observed Angle} - \text{Actual Angle}|}{\left( \frac{n \text{ of observed landmarks}}{2} \right) \times 180}
\]

Figure 4 - Calculation of distance and angle accuracy
Santa Barbara sense of direction scale
This questioner built by Hegarty, et al, (2002) rates participants’ personal feelings about their spatial abilities (see appendix B). It has been found to be a useful measure of participants’ sense of direction- (SOD) abilities (Ishikawa & Montello, 2006). The self-report scale is highly correlated with tests of spatial knowledge that involve orienting oneself within the environment. Furthermore, the SBSOD is slightly higher correlated with measures of spatial knowledge acquired from direct experience in the environment than with measures of knowledge acquired strictly from maps (Hegarty et al., 2006).

To evaluate measure of sense of direction, the mean of the answers of the 15 sense-of direction questions were calculated and assigned to each participant. Answers were reversed to positively stated questions so that a higher score means a better sense of direction, ranging from 1 to 7.
Data analysis was performed using SPSS 22.0. To test for differences among interfaces and subgroups, a significance criterion of $\alpha = .10$ was defined. Analysis was completed using exploratory data analysis methods (boxplot) among with statistical models (independent samples t-test).

**Sense of direction**
The participants’ sense of direction was assessed using the “Santa Barbra Sense of Direction Scale” (SBSOD) which comprises 15 items on sense of direction (SOD). Based on the sample’s mean score of $M=4.3$, participants were dichotomized into participants with poor SOD (less than 4.3) and participants with good SOD (above 4.3). An independent-samples t-test was conducted to compare participants’ SOD results among the two interface groups. On screen participants’ SOD results ($M=4.16, SD=1.17$) showed no significant difference to the off screen results ($M=4.25, SD=1.0$); $t(22) = .200, p = .84$; this indicates that participants based on SOD were evenly dispersed among the two interface groups.
Orientation measures

Task 1
The first task required participants to point to the direction of starting location followed by distance estimation.
Among the on/off screen groups, a t-test indicated no significant difference in pointing and direction estimation to the starting point. Looking at differences among SOD groups, there was a significant difference in the pointing error of the poor SOD participants. The poor SOD participants using the on screen interface ($M=21$, $SD=7.41$) made greater pointing errors compared the off screen users ($M=5.85$, $SD=5.84$); $t\,(9) = 3.8$, $p = .004$. These results suggest that the off screen map does have an effect on users with poor SOD. Specifically, results suggest that participants with poor SOD using the off screen landmark interface demonstrated more accurate direction estimations than participants with poor SOD who used the on screen interface. However, even though there was a significant difference in pointing among the poor SOD participants, no significant difference was found for distance estimation.

A marginally significant difference between good and poor SOD groups using the on screen interface was found. The poor SOD participants’ pointing error ($M=21$, $SD=7.4$) was higher compared to the pointing error of participants with good SOD, $M=7.8$, $SD=12.5$; $t\,(10) = 2.08$, $p = .064$. As seen in table 3, direction estimation of male participants in this task was less effected by the off screen interface in comparison to direction estimations of female subjects.
Table 3 - point and distance task 1

Means of pointing and distance estimation errors and distance errors for males and females of both interface groups (standard deviations in parentheses)

<table>
<thead>
<tr>
<th></th>
<th>On screen</th>
<th>Off screen</th>
<th>T-tests</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>M</td>
<td>SD</td>
<td>M</td>
</tr>
<tr>
<td>Males</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Point error</td>
<td>10.83</td>
<td>(14.28)</td>
<td>12</td>
</tr>
<tr>
<td>Distance error</td>
<td>130</td>
<td>(153.23)</td>
<td>206</td>
</tr>
<tr>
<td>Females</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Point error</td>
<td>15.83</td>
<td>(10.68)</td>
<td>6.43</td>
</tr>
<tr>
<td>Distance error</td>
<td>242.5</td>
<td>(203.75)</td>
<td>247.8</td>
</tr>
</tbody>
</table>

Task 2 -
The second task required participants to point and estimate the direction of four landmarks listed by the experimenter.

No significant difference was found among the on/off screen groups; Pointing: $p=.772$; Distance: $p=.234$. An observation of the experimenter was that during this task many participants, mainly females, showed signs of discomfort and anxiety. Females in particular were easy to share their discomfort with distance estimation. Given that, pointing and distance estimation error among the genders were not significant (see table 4). The boxplot in figure 5 represent distance estimation errors among genders when among the two interface groups. Men using the off screen interface were subject to higher distance errors and a larger range of estimated distances.
Table 4- point and distance task 2

*Means of pointing errors and distance errors for males and females of both interface groups (standard deviations in parentheses)*

<table>
<thead>
<tr>
<th>xxx</th>
<th>Males</th>
<th>Females</th>
<th>T-tests</th>
<th>df</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>M</td>
<td>SD</td>
<td>M</td>
<td>SD</td>
<td>t</td>
</tr>
<tr>
<td>On screen</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Point error</td>
<td>47.79</td>
<td>(27.63)</td>
<td>37.83</td>
<td>(21.07)</td>
<td>.702</td>
</tr>
<tr>
<td>Distance error</td>
<td>224.16</td>
<td>(197.84)</td>
<td>322.08</td>
<td>(118.08)</td>
<td>1.04</td>
</tr>
<tr>
<td>Off screen</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Point error</td>
<td>29.0</td>
<td>(14.0)</td>
<td>46.85</td>
<td>(24.63)</td>
<td>1.59</td>
</tr>
<tr>
<td>Distance error</td>
<td>404.25</td>
<td>(393.83)</td>
<td>392.78</td>
<td>(265.62)</td>
<td>.61</td>
</tr>
</tbody>
</table>

*Figure 5- Distance estimation based on gender for task 2.*
Task 3-
In the third task, participants were asked to point and estimate the direction of all landmarks that they could recall.

Among the on/off screen groups, there was no significant difference in pointing and direction estimation. While there is no difference in pointing error at this task, men show a smaller error regarding the distance estimation when using the off screen interface. (see table 5)

In task 3, females' distance estimation error in the on screen interface group is greater than males'. Using the off screen interface, men still do better but size of difference is smaller. Male in the off screen interface group demonstrated smaller pointing errors. (see figure 6)

Table 5- point and distance task 2

Means of pointing errors and distance errors for males and females of both interface groups (standard deviations in parentheses)

<table>
<thead>
<tr>
<th>xxx</th>
<th>Males</th>
<th>Females</th>
<th>T-tests</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>M</td>
<td>SD</td>
<td>M</td>
</tr>
<tr>
<td>On screen</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Point error</td>
<td>28.95</td>
<td>(22.45)</td>
<td>25.37</td>
</tr>
<tr>
<td>Distance error</td>
<td>182.78</td>
<td>(75.28)</td>
<td>416.18</td>
</tr>
<tr>
<td>Off screen</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Point error</td>
<td>21.7</td>
<td>(12.59)</td>
<td>29.21</td>
</tr>
<tr>
<td>Distance error</td>
<td>383.46</td>
<td>(544.36)</td>
<td>470.78</td>
</tr>
</tbody>
</table>
Figure 6- Distance estimation based on gender for task 3.
Means of tasks
Results of all tasks based on pointing and distance estimation error were analyzed and compared. Two types of combinations were made depending on distance and pointing error. The first is the mean of tasks that required recalling surrounding landmarks (task 2 and 3). The second is the sum of all orientation tasks.

Comparison of the two interfaces
A marginally significant difference in distance estimation was found within the tasks that locate the surrounding landmarks (task 2 and 3). A comparison between the two interface groups showed that users of the off screen interface \( (M=415.98, \ SD=178.52) \) had a larger distance error in comparison to the on screen users \( (M=286, \ SD=152.96) \); \( t(22) = -1.911, \ p=.06 \) (see figure 7). Results suggest that users of the off screen interface had a larger distance estimation error. No significant difference was found in pointing error.

Figure 7- Pointing Distance estimation based on map interface.
Gender comparison:
Though no significant difference was found between genders, boxplots in figure 8 insinuate that males, compared to females, were affected to a stronger degree by the type of interface used.
Males using the on screen interface ($M=203, SD=79.46$) showed a smaller distance estimation error than males using the off screen interface ($M=393, SD=148.40$); $t(4.788) = -1.75, p=0.14$. In contrast to results for distance estimations, pointing error of males using the on screen interface ($M=38, SD=22.34$) was larger than males’ pointing error in the off screen interface group ($M=25, SD=10.93$); $t (9) = 1.18, p=0.26$.

Figure 8- Distance estimation based on map interface.
Cognitive representation

Mental representation of the study environment was measured by two separate tasks. The first required sketching the route followed. The second was placing landmark icons on a map that represented the study area.

Sketch map task
Participants were asked to draw the route followed during the experiment on a blank A4 paper. Observed turn points were marked and compared to actual turn points.

Angle Accuracy
Among the on/off screen groups, there was no significant difference in angle accuracy. No significant difference was found between genders. Regarding the on-screen interface, female participants ($M=0.86$, $SD=0.10$) showed similar angle accuracy compared to male participants ($M=0.85$, $SD=0.07$); $t(10)=.12$, $p=.90$. Within the off-screen interface group differences among genders were larger. Females ($M=0.88$, $SD=0.050$) showed lower angle accuracy compared to males ($M=0.911$, $SD=0.045$); $t(10)=-1.08$, $p=0.30$ (see figure 9). Male participants using the on screen interface ($M=0.85$, $SD=0.08$) had lower angle accuracy than male participants in the off screen interface group ($M=0.911$, $SD=0.04$); $t(9)=-1.41$, $p=0.19$ (see figure 10).
Distance Accuracy
When using the on screen interface, females’ ($M=0.82$, $SD=0.04$) distance accuracy was larger than males’ ($M=0.77$, $SD=0.08$); $t(10) = 1.30$, $p=0.22$. Within the off screen interface group, opposite results accrued. In the on screen interface group, females ($M=0.788$, $SD=0.062$) showed significantly less distance accuracy than males ($M=0.87$, $SD=0.04$); $t(9) = -2.37$, $p=0.04$ (see figure 11). This results suggest that the use of different map interfaces effects distance accuracy differently among genders.
Icon map

Participant were asked to place landmarks icon on to a map that represented the study area.

Among the on/off screen groups, there was no significant difference in score or the listing of icon remembers. No significant difference was found between genders groups of on-screen interface, but a significant difference was found between genders groups of the off-screen interface (see table 7).

Looking at differences among SOD groups, there was a significant difference in the icon listed among the two SOD groups. The poor SOD participants using the on-screen interface could recall more landmarks compared to the off-screen users. However, even though there was a significant difference in icons remembers, no significant difference was found in the final score (see table 6).
Table 6 - Score and icons listed comparison of SOD

Means of score and icons listed for poor SOD and good SOD of both interface groups (standard deviations in parentheses)

<table>
<thead>
<tr>
<th></th>
<th>Poor SOD</th>
<th>Good SOD</th>
<th>T-tests</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>M</td>
<td>SD</td>
<td>M</td>
</tr>
<tr>
<td>On screen</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Score</td>
<td>10.17 (4.79)</td>
<td>10.67 (3.2)</td>
<td>-2.21</td>
</tr>
<tr>
<td>Icons listed</td>
<td>12.17 (1.94)</td>
<td>9.0 (2.0)</td>
<td>2.78</td>
</tr>
<tr>
<td>Off screen</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Score</td>
<td>9 (3.84)</td>
<td>10 (7.07)</td>
<td>-.30</td>
</tr>
<tr>
<td>Icons listed</td>
<td>10.33 (1.96)</td>
<td>10.17 (1.32)</td>
<td>.17</td>
</tr>
</tbody>
</table>

Table 7 - Score and icons listed comparison Gender

Means of score and icons listed for males and females of both interface groups (standard deviations in parentheses)

<table>
<thead>
<tr>
<th></th>
<th>Males</th>
<th>Females</th>
<th>T-tests</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>M</td>
<td>SD</td>
<td>M</td>
</tr>
<tr>
<td>On screen</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Score</td>
<td>10.50 (2.95)</td>
<td>10.33 (4.96)</td>
<td>-.70</td>
</tr>
<tr>
<td>Icons listed</td>
<td>9.83 (3.18)</td>
<td>11.33 (1.5)</td>
<td>1.04</td>
</tr>
<tr>
<td>Off screen</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Score</td>
<td>14.25 (4.19)</td>
<td>7.43 (4.72)</td>
<td>-.239</td>
</tr>
<tr>
<td>Icons listed</td>
<td>10.50 (1.91)</td>
<td>10.29 (1.6)</td>
<td>-.200</td>
</tr>
</tbody>
</table>

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Interaction with map
To each map interface software an action log was added. This recorded actions made by the user during the duration of the experiment, such as panning and zooming.

Zooming
A comparison between the two interfaces groups indicated a significant difference in times zooming. Participants using the on screen interface ($M=38$, $SD=20.07$) zoomed more than off screen users ($M=16.76$, $SD=10.87$); $t(23)=3.32$, $p = 0.003$. Results suggest that users of the off screen interface preferred to stay at the same scale of the map and zoom less. Females using the on screen interface ($M=38$, $SD=12.89$) zoomed significantly more than females in the off screen interface group ($M=21.42$, $SD=11.64$); $t(11) = 2.43$, $p = 0.03$. Males in the on screen interface group ($M=39$, $SD=29.81$) zoomed (not significantly) more than males in the off screen interface group ($M=12$, $SD=7.29$); $t (4.47)=1.92$, $p = 0.12$.

In relation to SOD, participants with a good SOD showed significantly less zooming actions than participants with poor SOD. The good SOD users in the on screen interface group ($M=47$, $SD=24.45$) zoomed more than the good SOD users in the off screen interface group ($M=18$, $SD=11.43$); $t (10) = 2.57$, $p = 0.028$. These results suggest that good SOD participants using the off screen interface prefer not to switch between the map scales and, therefore, zoom less.
**Panning**

Among the two interface groups, there was no significant difference in the amount of panning made. Focusing on male participants, a significant difference in number of panning could be found between the two interface groups. Males using the on-screen interface \((M=1052, \ SD=670.58)\) panned less than males using the off-screen interface \((M=213, \ SD=1005.03)\); \(t(8)=-2.002, \ p=0.08\).

Though no significant difference was found among the male participants in relation to zooming (on-screen \((M=1052, \ SD=670.58)\) and off-screen \((M=2134, \ SD=1005.03)\) interface; \(t(4.47)=1.923, \ p=0.119\)). The boxplot 12 suggests that there is a relation between zooming and panning depending on the interface used.

![Boxplots showing male zooming and panning based on map interface](image)

**Figure 12-** male zooming and panning based on map interface.
CHAPTER V
DISCUSSION

This study compared the orientation abilities of two groups, each using a different map interface. The comparison was done through an experiment that measured participants' orientation abilities, mental representation (cognitive map) and user interaction with the interface.

Participants using the off-screen interface zoomed less than participants using the on-screen interface. This indicates the importance of viewing a map on a large scale. When viewing a map on a large scale, streets name can be discerned, and small roads are visualized, which enables participants to self-position themselves on the map. The information presented on a screen when viewing maps on a large scale is comfortable to the user, therefore, will choose to stay on this scale if possible (Büring et al, 2006). On the other hand, when viewing a map on a large scale, information of the surrounding area cannot be visualized. Winter 2008, describes landmarks as anchor points in our cognitive map that are essential to the user's orientation in the environment. When viewing maps on a large scale, users of the on-screen interface must zoom out in order to visualize the nearby landmarks, as opposed to the off-screen interface participants. The off-screen interface presented surrounding landmarks on the users' preference scale, therefore there is less reason to zoom out.

Female participants of the off-screen interface zoomed significantly less than females using the on-screen interface. Allen 1999, suggests that females tend to use “route strategy” when wayfinding. This strategy relies on routes and their connection to landmarks (Lawton, 1994). Street names and roads are of
importance to this strategy. When using the off-screen interface, this information can be displayed along with the landmarks. Allen also suggests that in contrast to females, males tend to use the “orientation strategy” when wayfinding. This strategy relies on the understanding of direction and distance of surrounding landmarks. Indeed, in this study I found that in the off-screen group interface male participants zoomed less than female participants. Moreover, this strategy can be related to the difference found among men regarding map panning. Male participants using the off-screen interface zoomed less and map panned significantly more in comparison to male participants using the on-screen interface. These findings suggest that participants using the off-screen interface felt more comfortable remaining on one scale.

In addition, participants’ interaction with the map was found to have an effect on orientation tasks (tasks along the route). Participants of the off-screen interface group presented a greater distance estimation error compared to participants using the on-screen interface. A reasonable explanation can be assigned to the fact that off-screen participants zoomed less than on-screen participants. The off-screen interface users were provided with the direction of the landmark, but not the distance. Participants that do not zoom out to a smaller scale find it harder to estimate distances such as location-landmarks and landmark-landmark.

Coluccia & Louse 2004 compared several studies related to spatial abilities based on gender. They present in their review that males, in comparison to females, have a better distance estimation of further objects. This supports the results found between the genders of the on-screen interface. In the orientation tasks, the males distance estimation error was found to be significantly lower than the female error in the on-scale group. In contrast, male distance estimation error is similar to female participants using the off-
screen interface. This implies the males distance estimation is strongly affected by the off-screen interface, whereas female are less affected.

Regarding pointing error in the orientation tasks, no significant difference among the two map interface groups was found. This was unexpected since the off-screen interface presents icons and their general direction. A possible explanation is related to the experiment procedure and spatial memory. The aim of this task was to evaluate the participants' understanding of their location. When looking at a map there is no need of spatial memory, just a clear visualization of information. Spatial memory is used in terms of remembering objects in relation to other objects (Montello et al, 2004). When orientating without a physical map, we rely on our cognitive maps. During the experiment, participants stopped to view the map every few hundred meters and could observe the relation of the surrounding landmarks. At the task location participants did not view the map before starting the task. The movement between the last map stop and the task location might have confused participants of both groups. Montello & Sas 2006 state that movement between locations involves locomotion. Locomotion is subject to human-factor and has an effect on the individual navigation abilities and influences the subject's spatial memory.

However, this explanation does not pertain to the cognitive map tasks which were completed after leaving the study area. The first cognitive map task was the sketch map. The sketch map task required participants to sketch the route they have followed in the study area. Male participants of the off-screen interface group showed higher angle accuracy in comparison to females of the same interface group and to males using the on-screen interface. The same results were found when comparing distance accuracy. Male on-screen participants distance accuracy was similar to female participants of the on-screen interface group, but a significant difference was found between the
genders the off-screen interface group. Coluccia et al 2007, examined the relationship between map drawing skills and spatial orientation abilities. In their study, males were more accurate than females in map drawing, which was related to their superior spatial orientation abilities. In this study, females of the on-screen interface showed high levels of distance and angle accuracy using the on-screen interface. In contrast, females using the off-screen interface showed low levels of angle and distance accuracy. This is could be due to the necessity of females in the off-screen interface to zoom significantly less than females of the on-screen interface. Unexpected, when comparing the two participant of poor SOD to participant with good SOD, no significant differences were noticed.

Interestingly, the icon map task results showed that the number of landmarks recalled and total score were similar among the two interface groups. The average participant recall of both interfaces was 10 out of 14 landmarks, but the average score was less than half of the total achievable score. This implies that most participants could recall icons seen on the map, but could not place them in the right location.

Males of the off-screen interface achieved high total icon scores in comparison to males of the on-screen interface, and significantly higher scores compared to females of the same interface. Again, this can be assigned to the gender differences in wayfinding strategy. As Allen 1999 points out, when wayfinding, males use the orientation strategy, which is based upon a strong knowledge of surrounding landmarks. Males using the off-screen interface were provided constant direction to landmarks; this helped them locate landmark positions on the map. This is a reasonable explanation, since off-screen interface participants with good SOD did not significantly differ from the poor SOD participants on the interface group.
Limitation

Though extensive research has been done in the fields of navigation and wayfinding, the study of orientation abilities not related to navigation and wayfinding is extremely limited. This limits the ability to compare this experiment’s results to findings of similar studies.

This aim of this study was to compare two map interface groups. Therefore, navigation abilities were not of interest, only orientation skills. Since participants were guided through the route, they were not highly motivated to remember the location of landmarks and turns along the route. Participant motivation has been shown to affect performance on navigational tasks (reference here).

Participants were recruited with the use of social media such as Facebook and Couchsurfing. Some, not all, were more interested in speaking and socializing during the experiment procedure and seem to pay less attention to the surrounding environment. This could have had an indirect influence to their task performance.
The aim of this study was to investigate the effect of the off-screen interface on the user’s spatial abilities and his interaction with a small screen map display.

The experiment in this study compared participants of two map interfaces, and was able to provide information to this relatively new field of study. Though comparing the two interface group did not show a significant difference in orientation abilities, a significant difference in user-interface interaction was observed. Participants which used the off-screen interface switched less times between the map scales, implying that they feel comfortable with the information provided with this interface. This is noticeable with both genders and participants of good and poor SOD. This study found that male participants are highly affected by the use of the off-screen interface. Males using the off-screen interface show larger distance estimation error, but a more accurate understanding of the environment and their surroundings. Unexpectedly, a significant difference was not found between participants of different SOD. This implies that the interface has a smaller effect on the elements that construct the personal sense of direction.

This study provides exploratory data to a developing field of study. As small map displays seem to be increasing in popularity, more solutions are needed to overcome their visualization limitations. There are many ways to present off-screen landmarks and each influencing the user in a unique way. The combination of several studies, each displaying a different design of an off-screen interface, will provide a clearer picture of the effects of off-screen interfaces. Research of this kind would enable developers to customise off-screen interfaces according to individual preferences.
REFERENCES


APPENDIX A
Legal form

Informed Consent Form for Social Science Research
Spatial Intelligence Lab, Institute for Geoinformatics, University of Muenster
Title of Project: Off scale landmarks app and its effects on spatial abilities.
Principal Investigators: Amichai Korda, Dr. Rui Li
IFGI, Heisenbergstraße 2, Münster
a_kord03@uni-muenster.de

1. Purpose of the Study: studies the field of mental maps and small screen maps. Testing of a new app to see how it influences your understanding of the environment.

2. Procedures to be followed: Ride bikes in a neighborhood in Münster and stop at a few different points. At the stops you will be asked some simple questions.

3. Discomforts and Risks: There are no risks in participating in this research beyond those of riding a bike.


5. Duration: The entire practice will take less than 50 minutes.

6. Statement of Confidentiality: Your participation in this research is confidential. No personally identifiable information will be neither associated with the data nor used in publications.

7. Right to Ask Questions: Please contact Ami korda with questions, complaints or concerns about this research.

8. Voluntary Participation: Your decision to be included in this research project is voluntary. You may stop at any time. You do not have to answer any questions that you do not want to answer. Refusal to take part in or
withdrawal from this study will involve no penalty or loss of benefits you would receive otherwise.

9. Data storage. The data with no identity associated will be stored in an online database.

10. Use of material. This material will only be used for demonstration purposes in this course or future publication. You must be 18 years of age or older to take part in this research study. If you agree to take part in this research study and the information outlined above, please sign your name and indicate the date below.

You can contact us later for a copy of this consent form for your records.

______________________________________________
______________________________________________
Participant Name (please print) & Signature Date

______________________________________________
______________________________________________
Person Obtaining Consent Date
APPENDIX B
SBSOD

SANTA BARBARA SENSE-OF-DIRECTION SCALE

Sex: F M  
Age:______  
Today's Date:______________  
V. 2

This questionnaire consists of several statements about your spatial and navigational abilities, preferences, and experiences. After each statement, you should circle a number to indicate your level of agreement with the statement. Circle "1" if you strongly agree that the statement applies to you, "7" if you strongly disagree, or some number in between if your agreement is intermediate. Circle "4" if you neither agree nor disagree.

1. I am very good at giving directions.
   strongly agree  1  2  3  4  5  6  7  strongly disagree

2. I have a poor memory for where I left things.
   strongly agree  1  2  3  4  5  6  7  strongly disagree

3. I am very good at judging distances.
   strongly agree  1  2  3  4  5  6  7  strongly disagree

4. My "sense of direction" is very good.
   strongly agree  1  2  3  4  5  6  7  strongly disagree

5. I tend to think of my environment in terms of cardinal directions (N, S, E, W).
   strongly agree  1  2  3  4  5  6  7  strongly disagree

6. I very easily get lost in a new city.
   strongly agree  1  2  3  4  5  6  7  strongly disagree

7. I enjoy reading maps.
   strongly agree  1  2  3  4  5  6  7  strongly disagree
8. I have trouble understanding directions.
   strongly agree 1 2 3 4 5 6 7 strongly disagree

9. I am very good at reading maps.
   strongly agree 1 2 3 4 5 6 7 strongly disagree

10. I don't remember routes very well while riding as a passenger in a car.
    strongly agree 1 2 3 4 5 6 7 strongly disagree

11. I don't enjoy giving directions.
    strongly agree 1 2 3 4 5 6 7 strongly disagree

12. It's not important to me to know where I am.
    strongly agree 1 2 3 4 5 6 7 strongly disagree

13. I usually let someone else do the navigational planning for long trips.
    strongly agree 1 2 3 4 5 6 7 strongly disagree

14. I can usually remember a new route after I have traveled it only once.
    strongly agree 1 2 3 4 5 6 7 strongly disagree

15. I don't have a very good "mental map" of my environment.
    strongly agree 1 2 3 4 5 6 7 strongly disagree
APPENDIX C

Icon map

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